

aap japaa-ay japai so naa-o

sKmnI sIihb (270-19)	sukhmanee saahib	Sukhmani Lord and Master
Awip j pwey j p' sonwau]	aap japaa-ay japai so naa-o.	Those, whom He inspires to chant, chant His Name.
Awip gwweysu hir gin gwau]	aap gaavaa-ai so har gun gaa-o.	Those, whom He inspires to sing, sing the Glorious Praises of the Lord.
pB ikrpI qy hie p' gwsu]	parabh kirpaa tay ho-ay pargaas.	By God's Grace, enlightenment comes.
pB dieAw qy kml ibgwsu]	parabhoo da-i-aa tay kamal bigaas.	By God's Kind Mercy, the heart-lotus blossoms forth.
pB sp' bsh bsl' min sie]	parabh suparsan basai man so-ay.	When God is totally pleased, He comes to dwell in the mind.
pB dieAw qy miq al' m hie]	parabh da-i-aa tay mat ootam ho-ay.	By God's Kind Mercy, the intellect is exalted.
srb inDwn pB qyrl mieAw]	sarab niDhaan parabh tayree ma-i-aa.	All treasures, O Lord, come by Your Kind Mercy.
Awphu kCU n iknhU I ieAw]	aaphu kachhoo na kinhoo la-i-aa.	No one obtains anything by himself.
ij quij qu I wvhu iqqu I gih hir nWQ]	jit jit laavhu tit lageh har naath.	As You have delegated, so do we apply ourselves, O Lord and Master.
nwnk ien k'Y kCU n hWQ] 8] 6]	naanak in kai kachhoo na haath. 8 6	O Nanak, nothing is in our hands. 8 6