## la<u>kh</u> cha-oraaseeh <u>bh</u>aram<u>t</u>ay <u>bh</u>aram<u>t</u>ay <u>d</u>ula<u>bh</u> janam ab paa-i-o

mwrUmhlw5Gru3AstpdlAw (1017-2)	maaroo mehlaa 5 <u>gh</u> ar 3 asatpa <u>d</u> ee-aa	Maaroo, Fifth Mehl, Third House, Ashtapadees:
IK carwslh BingyBingydd B jnmuAb pwieE ]1]	la <u>kh</u> cha-oraaseeh <u>bh</u> aram <u>t</u> ay <u>bh</u> aram <u>t</u> ay <u>d</u> ula <u>bh</u> janam ab paa-i- o.   1	Wandering and roaming through 8.4 million incarnations, you have now been given this human life, so difficult to obtain.   1
rymWyqUhCYris∣ptwieE]	ray moo <u>rh</u> ay <u>t</u> oo ho <u>chh</u> ai ras Iaptaa-i-o.	You fool! You are attached and clinging to such trivial pleasures!
A <b>limiq</b> us <b>il</b> g bsquhYqrYibiKAw isauarJwieE]1] rhwau]	amri <u>t</u> sang basa <u>t</u> hai <u>t</u> ayrai bi <u>kh</u> i-aa si-o ur <u>jh</u> aa-i-o.   1   rahaa-o.	The Ambrosial Nectar abides with you, but you are engrossed in sin and corruption.   1  Pause
rqn j vḩr bnj in AwieE kwl ru I wid cI wieE ]2]	ra <u>t</u> an javayhar banjan aa-i-o kaalar laa <u>d</u> chalaa-i-o.   2	You have come to trade in gems and jewels, but you have loaded only barren soil.   2
ijhGrmihqDurhnwbsnws₀ GrucliqnAwieE]3]	jih <u>gh</u> ar meh <u>t</u> u <u>Dh</u> rahnaa basnaa so <u>gh</u> ar chee <u>t</u> na aa-i-o.   3	That home within which you live - you have not kept that home in your thoughts.   3
Atl AKMF plux suKdweliek inmK nhlquJugwieE ]4]	atal a <u>kh</u> and paraa <u>n</u> su <u>kh-d</u> aa-ee ik nima <u>kh</u> nahee <u>tujh</u> gaa-i-o.   4	He is immovable, indestructible, the Giver of peace to the soul; and yet you do not sing His Praises, even for an instant.   4
j hwjwxwsoQwnuivswirE iek inmK nhl mnulwieE ]5]	jahaa jaa <u>n</u> aa so thaan visaar-i-o ik nima <u>kh</u> nahee man laa-i-o.   5	You have forgotten that place where you must go; you have not attached your mind to the Lord, even for an instant.   5
pıqRklqRighdjKsmgltieshl miharJwieE]6]	pu <u>t</u> ar kal <u>t</u> ar garih <u>d</u> ay <u>kh</u> samagree is hee meh urj <u>h</u> aa-i-o.   6	Gazing upon your children, spouse, household and paraphernalia, you are entangled in them.   6
ijqukolwieEiqqhllwgwqby krmkmwieE]7]	ji <u>t</u> ko laa-i-o <u>tit</u> hee laagaa <u>t</u> aisay karam kamaa-i-o.   7	As God links the mortals, so are they linked, and so are the deeds they do.   7
j auBieE ik®wl uqw swDsbgu pwieAwjn nwnk bhmuiDAwieE ]8]1]	ja-o <u>bh</u> a-i-o kirpaal <u>t</u> aa saa <u>Dh</u> sang paa-i-aa jan naanak barahm <u>Dh</u> i- aa-i-o.   8  1	When He becomes Merciful, then the Saadh Sangat, the Company of the Holy, is found; servant Nanak meditates on God.   8  1