

bhaa-ee ray mil sajan har gun saar

isrlrwgumhl ॥ 4] (41-9)	sireeraag mehlaa 4.	Sree Raag, Fourth Mehl:
rsuAimqunnmurrsuAiq Bl ॥ ikqu ibiD iml YrsuKwie]	ras amrit naam ras at <u>bhalaa kit</u> <u>biDh</u> milai ras <u>khaa-ay</u> .	The Essence of the Ambrosial Naam is the most sublime essence; how can I get to taste this essence?
j wie pChushigxl qsw ikaukir imil Aw pBwAwie]	jaa-ay puchhahu sohaaganee <u>tusaa</u> ki-o kar mili-aa parabh aa-ay.	I go and ask the happy soul-brides, "How did you come to meet God?"
Eie vprvh n b nl haumil mil Dw iqn pwie]1]	o-ay vayparvaah na bolnee ha-o mal mal <u>Dhovaa tin</u> paa-ay. 1	They are care-free and do not speak; I massage and wash their feet. 1
Biel ryimil sj x hir gk swir]	<u>bhaa-ee ray mil sajan har gun</u> saar.	O Siblings of Destiny, meet with your spiritual friend, and dwell upon the Glorious Praises of the Lord.
sj x siqqirupirkhldKukFI hamYmir]1] rhwau]	sajan satgur purakh hai <u>dukh</u> <u>kadhai</u> ha-umai maar. 1 rahaa-o.	The True Guru, the Primal Being, is your Friend, who shall drive out pain and subdue your ego. 1 Pause
girmKIA shigxl iqn dieAw pel min Awie]	gurmukhee-aa sohaaganee <u>tin da-i</u> -aa pa-ee man aa-ay.	The Gurmukhs are the happy soul-brides; their minds are filled with kindness.
siqqir vcnirqmhuhYj omhysu hir rsuKwie]	satgur vachan <u>rajan</u> hai jo mannay so har ras <u>khaa-ay</u> .	The Word of the True Guru is the Jewel. One who believes in it tastes the Sublime Essence of the Lord.
syvfBwgI vf j wxAih ij n hir rsuKw gr Bwie]2]	say vad <u>bhaagee</u> vad jaanee-ahi jin har ras <u>khaaDhaa</u> gur <u>bhaa-ay</u> . 2	Those who partake of the Lord's Sublime Essence, through the Guru's Love, are known as great and very fortunate. 2
iehuhir rsuvix iqix sBqyh Bghlx nhl Kwie]	ih har ras van <u>tin sabhat</u> hai <u>bhaagheen</u> nahee <u>khaa-ay</u> .	This Sublime Essence of the Lord is in the forests, in the fields and everywhere, but the unfortunate ones do not taste it.
ibnu siqqir pl Ynw pvlmnnmK rhyibl Iwie]	bin satgur palai naa pavai manmukh rahay billaa-ay.	Without the True Guru, it is not obtained. The self-willed manmukhs continue to cry in misery.
Eie siqqir AngYnw invih Enw Aqir kDibl Iwie]3]	o-ay satgur aagai naa niveh onaa antar <u>kroDh</u> balaa-ay. 3	They do not bow before the True Guru; the demon of anger is within them. 3
hir hir hir rsuAwp hYAwpy hir rsuhie]	har har har ras aap hai aapay har ras ho-ay.	The Lord Himself, Har, Har, Har, is the Sublime Essence. The Lord Himself is the Essence.

Aip dieAw kir dyl girmiK Amiqcie]	aap <u>da-i-aa</u> kar <u>dayvsee gurmukh</u> amrit <u>cho-ay</u> .	In His Kindness, He blesses the Gurmukh with it; the Ambrosial Nectar of this Amrit trickles down.
sBiqnumnuhirAw hieAw nink hir visAw min sie]4]5]69]	sab <u>h tan</u> man hari-aa ho-i-aa naanak har vasi-aa man so-ay. 4 5 69	Then, the body and mind totally blossom forth and flourish; O Nanak, the Lord comes to dwell within the mind. 4 5 69