

naam japahu mayray saajan sainaa

A᳚s᳚ mhl w 4] (366-16)	aasaa mehlaa 4.	Aasaa, Fourth Mehl:
myYmin qin p᳚nu n᳚mu AwDwru]	mayrai man ᳚an paraym naam aaD᳚haar.	The Love of the Naam, the Name of the Lord, is the Support of my mind and body.
n᳚mu j pl n᳚mosK s᳚ru]1]	naam japee naamo suk᳚h saar. 1	I chant the Naam; the Naam is the essence of peace. 1
n᳚mu j ph᳚my᳚s᳚j n sh᳚]	naam japahu mayray saajan sainaa.	So chant the Naam, O my friends and companions.
n᳚m ibn᳚ mYAvru᳚n k᳚l v᳚Y B᳚ig gurmiK hir l ᳚w]1] rh᳚au]	naam binaa mai avar na ko-ee vadai b᳚haag gurmuk᳚h har lainaa. 1 rahaa-o.	Without the Naam, there is nothing else for me. By great good fortune, as Gurmukh, I have received the Lord's Name. 1 Pause
n᳚m ibn᳚ nhl j livAw j w᳚e]	naam binaa nahee jeevi-aa jaa-ay.	Without the Naam, I cannot live.
v᳚Y B᳚ig gurmiK hir p᳚ie]2]	vadai b᳚haag gurmuk᳚h har paa-ay. 2	By great good fortune, the Gurmukhs obtain the Naam. 2
n᳚mhIn k᳚l K miK m᳚ieAw]	naamheen kaalakh muk᳚h maa-i-aa.	Those who lack the Naam have their faces rubbed in the dirt of Maya.
n᳚m ibn᳚ iD᳚u iD᳚u j lv᳚ieAw]3]	naam binaa D᳚harig D᳚harig jeevaa-i-aa. 3	Without the Naam, cursed, cursed are their lives. 3
v᳚w v᳚w hir B᳚ig kir p᳚ieAw]	vadaa vadaa har b᳚haag kar paa-i-aa.	The Great Lord is obtained by great good destiny.
n᳚nk gurmiK n᳚mu idv᳚ieAw]4]4]56]	naanak gurmuk᳚h naam d᳚ivaa-i-aa. 4 4 56	O Nanak, the Gurmukh is blessed with the Naam. 4 4 56