

mayray man bhaj raam naam sabh arthaa

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| j ʘsrI mhl ॥ 4 Gru 1 caṁḍy (696-3) | jaiṡsaree mehlaa 4 ghar 1 cha-upday | Jaitsree, Fourth Mehl, First House, Chau-Padas: |
| myrYhIArYrqnu nwmu hir bisAw gür hWQu DirE myrYmWQw] | mayrai hee-arai raṡan naam har basi-aa gur haath <u>Dhari</u> -o mayrai maathaa. | The Jewel of the Lord's Name abides within my heart; the Guru has placed His hand on my forehead. |
| j nm j nm kyikl ibK dIK auqry gür nwmu dIE irnu l WQw]1] | janam janam kay kilbikh <u>dukh</u> utray gur naam <u>dee</u> -o rin laathaa. 1 | The sins and pains of countless incarnations have been cast out. The Guru has blessed me with the Naam, the Name of the Lord, and my debt has been paid off. 1 |
| myrYmn Bj u rnm nwmu siB ArQw] | mayray man <u>bhaj</u> raam naam <u>sabh</u> arthaa. | O my mind, vibrate the Lord's Name, and all your affairs shall be resolved. |
| gür pYhir nwmu idWwAw ibnu nWVj lvnu ibrQw] rhWau] | gur poorai har naam drirh-aa-i-aa bin naavai jeevan birthaa. rahaa-o. | The Perfect Guru has implanted the Lord's Name within me; without the Name, life is useless. Pause |
| ibnu gur mW Bey hYmnmiK qymh mwAw inq PwQw] | bin gur moorh <u>bha</u> -ay hai manmukh ṡay moh maa-i-aa niṡ faathaa. | Without the Guru, the self-willed manmukhs are foolish and ignorant; they are forever entangled in emotional attachment to Maya. |
| iqn sWUcrx n syjkbhliqn sBu j nmu AkWQw]2] | ṡin saa <u>Dhoo</u> charan na sayvay kabhoo ṡin <u>sabh</u> janam akaathaa. 2 | They never serve the feet of the Holy; their lives are totally useless. 2 |
| ij n sWUcrx sW pg syj iqn sPil E j nmu snWQw] | j in saa <u>Dhoo</u> charan saa <u>Dh</u> pag sayvay ṡin safli-o janam sanaathaa. | Those who serve at the feet of the Holy, the feet of the Holy, their lives are made fruitful, and they belong to the Lord. |
| mo kau klj Ydwsudws dwsn kohir dieAw Dwir j gthWQw]3] | mo ka-o keejai <u>daas</u> <u>daas</u> <u>daasan</u> ko har <u>da</u> -i-aa <u>Dhaar</u> jagannaathaa. 3 | Make me the slave of the slave of the slaves of the Lord; bless me with Your Mercy, O Lord of the Universe. 3 |
| hm AnDi yigAwnhIn AigAwnl ikau cwl h mwrig pWQw] | ham an <u>Dhulay</u> gi-aanheen agi- aanee ki-o chaalah maarag panthaa. | I am blind, ignorant and totally without wisdom; how can I walk on the Path? |
| hm AnDi y kau gur AnDi u dlj Yj n nwnk cl h iml WQw]4]1] | ham an <u>Dhulay</u> ka-o gur anchal <u>deejai</u> jan naanak chalah milanthaa. 4 1 | I am blind - O Guru, please let me grasp the hem of Your robe, so that servant Nanak may walk in harmony with You. 4 1 |