

mayray man pareet charan parabh parsan

kaanVw mhl w 5 ] (1303-10)	kaanrhaa mehlaa 5.	Kaanraa, Fifth Mehl:
myrman pliq crn pB prsn ]	mayray man pareet charan parabh parsan.	My mind loves to touch the Feet of God.
rsn hir hir Bj in iqBqwnl AKIAN kaisBkUpB drsn ]1] rhau]	rasnaa har har bhojan tariptaanee akhee-an ka-o santokh parabh darsan.   1   rahaa-o.	My tongue is satisfied with the Food of the Lord, Har, Har. My eyes are contented with the Blessed Vision of God.   1  Pause
krnin plir rihE j suplqm kl ml dK sgl ml hrsn ]	karnan poor rahi-o jas pareetam kalmal dokh sagal mal harsan.	My ears are filled with the Praise of my Beloved; all my foul sins and faults are erased.
paavn Dvaan saAmI sK pDw AtB sB kwieAw sB srsn ]1]	paavan Dhaavan su-aamee sukh panthaa ang sang kaa-i-aa sant sarsan.   1	My feet follow the Path of Peace to my Lord and Master; my body and limbs joyfully blossom forth in the Society of the Saints.   1
srin ghl plrn Aibnsl Awn apiv Qikq nhl krsn ]	saran gahee pooran abhinaasee aan upaav thakit nahee karsan.	I have taken Sanctuary in my Perfect, Eternal, Imperishable Lord. I do not bother trying anything else.
krugih l leynnk j n ApnyAD Gr sigr nhl mrsn ]2]10]29]	kar geh lee-ay naanak jan apnay anDh ghor saagar nahee marsan.   2  10  29	Taking them by the hand, O Nanak, God saves His humble servants; they shall not perish in the deep, dark world- ocean.   2  10  29