

mayraa man saaDh janaa^N mil hari-aa

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| rwgu kwnVw capdy mhl w 4 Gru 1 (1294-4) | raag kaan <u>h</u> aa cha-up <u>d</u> ay mehlaa 4 g <u>h</u> ar 1 | Raag Kaanraa, Chau-Padas, Fourth Mehl, First House: |
| myrw mnuswD j nW imil hirAw] | mayraa man saa <u>Dh</u> janaa ^N mil hari-aa. | Meeting with the Holy people, my mind blossoms forth. |
| haubil bil bil bil swD j nW kauimil slhjq pwr aqirAw]1] rhwau] | ha-o bal bal bal bal saa <u>Dh</u> janaa ^N ka-o mil sangat paar u <u>tri</u> -aa. 1 rahaa-o. | I am a sacrifice, a sacrifice, a sacrifice, a sacrifice to those Holy beings; joining the Sangat, the Congregation, I am carried across to the other side. 1 Pause |
| hir hir ikpwr krhu pB Apnl hm swD j nW pg pirAw] | har har kirpaa karahu parabh apnee ham saa <u>Dh</u> janaa ^N pag pari-aa. | O Lord, Har, Har, please bless me with Your Mercy, God, that I may fall at the feet of the Holy. |
| DnuDnu swD ij n hir pBuj winAw imil swDUpiqq aDirAw]1] | <u>D</u> han <u>D</u> han saa <u>Dh</u> jin har parabh jaani-aa mil saa <u>Dh</u> oo patit u <u>Dhri</u> -aa. 1 | Blessed, blessed are the Holy, who know the Lord God. Meeting with the Holy, even sinners are saved. 1 |
| mnIAw cl Ycl Ybhubhu ibiD imil swDlvsgiq kirAw] | manoo-aa chalai chalai baho baho bi <u>Dh</u> mil saa <u>Dh</u> oo vasgat kari-aa. | The mind roams and rambles all around in all directions. Meeting with the Holy, it is overpowered and brought under control, |
| ij aW j l qkhu pswirE bDik gIs mlnw vsqiq KirAw]2] | ji-u ^N jal tant pasaari-o ba <u>Dh</u> ak garas meenaa vasgat <u>kh</u> ari-aa. 2 | just as when the fisherman spreads his net over the water, he catches and overpowers the fish. 2 |
| hir kyslt slh Bl nlkyimil slh j nw ml ul hIAw] | har kay sant sant <u>b</u> hal neekay mil sant janaa mal lahee-aa. | The Saints, the Saints of the Lord, are noble and good. Meeting with the humble Saints, filth is washed away. |
| hamYdirqugieAw sBunl kir ij au swbin kwprukirAw]3] | ha-umai <u>d</u> urat ga-i-aa sabh neekar ji-o saabun kaapar kari-aa. 3 | All the sins and egotism are washed away, like soap washing dirty clothes. 3 |
| msqik il l wit il iKAw Dir Tukir gur siqgur crn ar DirAw] | mas <u>t</u> ak lilaat likhi-aa <u>D</u> hur <u>t</u> haakur gur satgur charan ur <u>D</u> hari-aa. | According to that pre-ordained destiny inscribed on my forehead by my Lord and Master, I have enshrined the Feet of the Guru, the True Guru, within my heart. |
| sBu dwl du dK Bji pBupwieAw j n nwnk nwim aDirAw]4]1] | sabh <u>d</u> aalad <u>d</u> ookh <u>b</u> hanj parabh paa-i-aa jan naanak naam u <u>Dhri</u> -aa. 4 1 | I have found God, the Destroyer of all poverty and pain; servant Nanak is saved through the Naam. 4 1 |