

mayraa birhee naam milai taa jeevaa jee-o

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| gaVI mUJ mhl 4] (175-9) | ga-or <u>hee</u> maajh mehlaa 4. | Gauree Maajh, Fourth Mehl: |
| myW ibrhl nwmiml Yqw j lvw j lau] | mayraa birhee naam milai <u>taa</u> jeevaa jee-o. | If I receive my Love, the Naam, then I live. |
| mn A ^{ndar} A ^{mbrosial} girmiq hir l lvw j lau] | man <u>andar</u> amrit ^{gurmat} har leevaa jee-o. | In the temple of the mind, is the Ambrosial Nectar of the Lord; through the Guru's Teachings, we drink it in. |
| mnuhir nlg rqVw hir rsusdw plvw j lau] | man har rang rat <u>rhaa</u> har ras <u>sadaa</u> peevaa jee-o. | My mind is drenched with the Love of the Lord. I continually drink in the sublime essence of the Lord. |
| hir p <i>wieAVw</i> min j lvw j lau]1] | har paa-i <u>arhaa</u> man jeevaa jee-o. 1 | I have found the Lord within my mind, and so I live. 1 |
| myYmin qin p <i>ml</i> g ^w hir b <i>wxu</i> j lau] | mayrai man <u>tan</u> paraym lagaa har <u>baan</u> jee-o. | The arrow of the Lord's Love has pierced by mind and body. |
| myW plqmu imq ^w hir p <i>rKusj</i> w <i>xu</i> j lau] | mayraa pareet <u>am</u> mit <u>ar</u> har purakh sujaan <u>jee-o.</u> | The Lord, the Primal Being, is All-knowing; He is my Beloved and my Best Friend. |
| guru ^Y ysl ^w hir s <i>GVisj</i> w <i>xu</i> j lau] | gur maylay sant <u>har</u> sugharh sujaan <u>jee-o.</u> | The Saintly Guru has united me with the All-knowing and All-seeing Lord. |
| haunw ivthu kurb <i>wxu</i> j lau]2] | ha-o naam vitahu kurbaan <u>jee-o.</u> 2 | I am a sacrifice to the Naam, the Name of the Lord. 2 |
| ha ^w hir hir sj x ^w hir mlqu ds <i>wel</i> j lau] | ha-o har har sajan <u>har</u> meet <u>dasa-ee</u> jee-o. | I seek my Lord, Har, Har, my Intimate, my Best Friend. |
| hir dshus ^w huj I hir Kj ^w p <i>wel</i> j lau] | har dashu <u>santahu</u> jee har <u>khoj</u> pavaa-ee jee-o. | Show me the way to the Lord, Dear Saints; I am searching all over for Him. |
| siqgru q <i>TW</i> dsyhir p <i>wel</i> j lau] | satgur <u>tuth-rhaa</u> <u>dasay</u> har paa-ee jee-o. | The Kind and Compassionate True Guru has shown me the Way, and I have found the Lord. |
| hir n <i>wmy</i> n <i>wim</i> sm <i>wel</i> j lau]3] | har naamay naam samaa-ee jee-o. 3 | Through the Name of the Lord, I am absorbed in the Naam. |
| m ^w vdn p <i>ml</i> hir ibrh <i>wl</i> g <i>wel</i> j lau] | mai vaydan paraym har birahu lagaa-ee jee-o. | I am consumed with the pain of separation from the Love of the Lord. |

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| gur srDw pIrw Amlqumik pweel j lau] | gur sar <u>Dhaa</u> poor amrit <u>mukh</u> paa- ee jee-o. | The Guru has fulfilled my desire, and I have received the Ambrosial Nectar in my mouth. |
| hir hhu dieAwr uhir nwm iDAweel j lau] | har hohu <u>da-i-aal</u> har naam <u>Dhi-aa-</u> ee jee-o. | The Lord has become merciful, and now I meditate on the Name of the Lord. |
| j n nwnk hir rsu pweel j lau]4]6]20]18]32]70] | jan naanak har ras paa-ee jee-o. 4 6 20 18 32 70 | Servant Nanak has obtained the sublime essence of the Lord. 4 6 20 18 32 70 |