

aisaa jog kamaavahu jogee

rwkkl I bwxl Bgq kblr j lau ] (970-14)	raamkalee banee <u>b</u> hag <u>t</u> kabeer jee-o.	Raamkalee, The Word Of The Devotees. Kabeer Jee:
mMl min dieAw kir Jd I pqRk krhublcwry ]	mun <u>d</u> raa mon <u>d</u> a-i-aa kar <u>j</u> holee pa <u>t</u> ar kaa karahu beechaar ray.	Make silence your ear-rings, and compassion your wallet; let meditation be your begging bowl.
iKw iehuqnuslAauApnw nnu krauAwDwry ]1]	<u>k</u> hinthaa ih <u>t</u> an see-a-o apnaa naam kara-o aa <u>D</u> haar ray.   1	Sew this body as your patched coat, and take the Lord's Name as your support.   1
Akw j gu kmvhu j gl ]	aisaa jog kamaavahu jogee.	Practice such Yoga, O Yogi.
j p qp sll mu gurmik Bgl ]1] rhau ]	jap <u>t</u> ap sanjam gurmuk <u>h</u> <u>b</u> hogee.   1   rahaa-o.	As Gurmukh, enjoy meditation, austerities and self- discipline.   1  Pause
biD ibBlq cFvauApnl istgl sriq iml mel ]	bu <u>D</u> h bibhoo <u>t</u> chad <u>h</u> aava-o apunee singee sura <u>t</u> milaa-ee.	Apply the ashes of wisdom to your body; let your horn be your focused consciousness.
kir bhwgiPrauqin ngrl mn kl ikgrl bj mel ]2]	kar bairaag fira-o <u>t</u> an nagree man kee kinguree bajaa-ee.   2	Become detached, and wander through the city of your body; play the harp of your mind.   2
pM qqu I YihrdY rKhurhY inrw m qwVI ]	panch <u>t</u> at lai hira <u>d</u> ai raak <u>h</u> o rahai niraalam <u>t</u> aar <u>h</u> ee.	Enshrine the five tatvas - the five elements, within your heart; let your deep meditative trance be undisturbed.
khqu kblr sunhu ry slhu Drmu dieAw kir bwl ]3]7]	kaha <u>t</u> kabeer sunhu ray san <u>t</u> ahu <u>D</u> haram <u>d</u> a-i-aa kar baar <u>h</u> ee.   3  7	Says Kabeer, listen, O Saints: make righteousness and compassion your garden.   3  7