

naam binaa jo pahirai khaa-ay

gaI/I mhl ॥ 5] (240-3)	ga-orhee mehlaa 5.	Gauree, Fifth Mehl:
iml u myry gibI ApnI nwmudjhI]	mil mayray gobind apnaa naam <u>dayh</u> .	Meet me, O my Lord of the Universe. Please bless me with Your Name.
nwm ibnw iDgI iDgI AsnhI]1] rhwau]	naam binaa <u>Dharig Dharig</u> asnayhu. 1 rahaao-o.	Without the Naam, the Name of the Lord, cursed, cursed is love and intimacy. 1 Pause
nwm ibnw j opihrKwie]	naam binaa jo pahirai <u>khaa-ay</u> .	Without the Naam, one who dresses and eats well
ij aukkruj Tn mih pwe]1]	ji-o kookar <u>joothan</u> meh paa-ay. 1	is like a dog, who falls in and eats impure foods. 1
nwm ibnw j qw ibahwru] ij au imrqk imiQAw slgwru]2]	naam binaa <u>jaytaa</u> bi-uhhaar. ji-o mirtak mithi-aa seegaar. 2	Without the Naam, all occupations are useless, like decorations on a dead body. 2
nwmibswir kryrs Bg]	naam bisaar karay ras <u>bhog</u> .	One who forgets the Naam and indulges in pleasures,
sKuspnlnhl qn mih rg]3]	sukh supnai nahee <u>tan</u> meh rog. 3	shall find no peace, even in dreams; his body shall become diseased. 3
nwmuiqAwig kryAn kij]	naam <u>ti-aag</u> karay an kaaj.	One who renounces the Naam and engages in other occupations,
ibnis j wie JTysib pwj]4]	binas jaa-ay <u>jhoothay sabh</u> paaj. 4	shall see all of his false pretenses fall away. 4
nwm sIg min pliq n I wvI]	naam sang man pareet na laavai.	One whose mind does not embrace love for the Naam
kit krm krqnrik j wvI]5]	kot karam karto narak jaavai. 5	shall go to hell, even though he may perform millions of ceremonial rituals. 5
hir kw nwmuij in min n AwvDw]	har kaa naam jin man na aaraa <u>Dhaa</u> .	One whose mind does not contemplate the Name of the Lord
cr kl inAwel j m piir bwDw]6]	chor kee ni-aa-ee jam pur baa <u>Dhaa</u> . 6	is bound like a thief, in the City of Death. 6
I K AfIbr bhiquibsQwrw]	laakh adambar bahut bisthaaraa.	Hundreds of thousands of ostentatious shows and great expanses
nwm ibnw JTyspwvw]7]	naam binaa <u>jhoothay</u> paasaaraa. 7	- without the Naam, all these displays are false. 7
hir kw nwmusel j nul je]	har kaa naam so-ee jan lay-ay.	That humble being repeats the Name of the Lord,
kir ikrpw nwnk ij srdje]8]10]	kar kirpaa naanak jis <u>day-ay</u> . 8 10	O Nanak, whom the Lord blesses with His Mercy. 8 10