

mithi-aa sang sang laptaa-ay moh maa-i-aa kar baaDhay

ਅੰਸੁ ਮਿਹਿ ॥ 5 ॥ (402-17)	aasaa mehlaa 5.	Aasaa, Fifth Mehl:
ਮਿਹਿਠਾਅ ਸੰਗਿ ਸੰਗਿ ਪ੍ਰਿਠੈ ਮਿਹਿ ਮਿਹਿਠਾਅ ਕਿਰਿ ਬੰਧੁ ॥	mithi-aa sang sang laptaa-ay moh maa-i-aa kar baaDhay.	They are attached to falsehood; clinging to the transitory, they are trapped in emotional attachment to Maya.
ਜਿਹਿ ਜਾਨੋ ਸੋ ਚੀਠੈ ਨਾ ਅਵਾਇ ਅਹਿਠਿ ਬੈਠੈ ਆਇ ॥ 1 ॥	jah jaano so cheeṭ na aavai aha ^N - buDh bha-ay aa ^N Dhay. 1	Wherever they go, they do not think of the Lord; they are blinded by intellectual egotism. 1
ਮਨਿ ਭਰਿਗਿ ਇਕਾਨੁ ਆਇ ॥	man bairaagee ki-o na araaDhay.	O mind, O renunciate, why don't you adore Him?
ਕਾਚਿ ਕੋਠਿ ਮਿਹਿ ਗੰਭੀਰਿ ਸੰਗਿ ਸੰਗਿ ਇਕਿਠਿ ਇਕਿਠਿ ਆਇ ॥ 1 ॥ ਰਹਾਉ ॥	kaach koṭhree maahi too ^N bastaa sang sagal bikhai kee bi-aaDhay. 1 rahaa-o.	You dwell in that flimsy chamber, with all the sins of corruption. 1 Pause
ਮਯਰੈ ਮਯਰੈ ਕਰੈ ਦਿਨੁ ਰਾਤਿ ਭਯੈ ਪ੍ਰਿਠੈ ਇਕੁ ਚੀਠੈ ਆਇ ॥	mayree mayree karat din rain bihaavai pal khin chheejai arjaaDhay.	Crying out, "Mine, mine", your days and nights pass away; moment by moment, your life is running out.
ਜਿਸਿ ਮਿਠੈ ਸੁਖਿ ਪ੍ਰਿਠੈ ਭਯੈ ਚੀਠੈ ਦੁਗਿ ਆਇ ॥ 2 ॥	jaisay meethai saad lobh ^{aa} -ay jhooth DhanDh durgaaDhay. 2	The sweet flavors tempt you, and you are occupied by your false and filthy business. 2
ਕਾਮੁ ਕਰੋ ਆਰੁ ਭਯੈ ਮਿਹਿ ਚੀਠੈ ਰਿਸਿ ਪ੍ਰਿਠੈ ਆਇ ॥	kaam kroDh ar lobh moh ih indree ras laptaaDhay.	Your senses are beguiled by sensual pleasures of sex, by anger, greed and emotional attachment.
ਦੇਵਿ ਭਵਿ ਪ੍ਰਿਠੈ ਚੀਠੈ ਚੀਠੈ ਭਯੈ ਜਨਮੁ ਆਇ ॥ 3 ॥	dee-ee bhavaaree purakh biDhaatai bahur bahur janmaaDhay. 3	The All-powerful Architect of Destiny has ordained that you shall be reincarnated over and over again. 3
ਜਿਹਿ ਭਯੈ ਚੀਠੈ ਚੀਠੈ ਚੀਠੈ ਗੁਰੁ ਮਿਲਿ ਸੁਖੁ ਆਇ ॥	ja-o bha-i-o kirpaal deen dukh bhanjan ta-o gur mil sabh sukh laaDhay.	When the Destroyer of the pains of the poor becomes merciful, then, as Gurmukh, you shall find absolute peace.
ਕਹੁ ਨਾਨਕੁ ਦਿਨੁ ਰਾਤਿ ਆਇ ਮਿਹਿ ਕੁਠਿ ਸੰਗਿ ਆਇ ॥ 4 ॥	kaho naanak din rain Dhi-aava-o maar kaadhee sagal upaaDhay. 4	Says Nanak, meditate on the Lord, day and night, and all your sickness shall be banished. 4
ਇਹੁ ਜਿਹੈ ਭਯੈ ਪ੍ਰਿਠੈ ਚੀਠੈ ਆਇ ॥	i-o japi-o bhaa-ee purakh biDhaatay.	Meditate in this way, O Siblings of Destiny, on the Lord, the Architect of Destiny.
ਭਯੈ ਚੀਠੈ ਚੀਠੈ ਚੀਠੈ ਚੀਠੈ ਮਰਿ ਚੀਠੈ ਆਇ ॥ 1 ॥ ਰਹਾਉ ॥ ॥ 4 ॥ ॥ 126 ॥	bha-i-o kirpaal deen dukh bhanjan janam maran dukh laathay. 1 rahaa-o doojaa. 4 4 126	The Destroyer of the pains of the poor has become merciful; He has removed the pains of birth and death. 1 Second Pause 4 4 126