

maa-ee jo parabh kay gun gaavai. safal aa-i-aa jeevan fal taa ko paarbarahm liv laavai

dygDwrl 5] (531-1)	dayvganDhaaree 5.	Dayv-Gandhaaree, Fifth Mehl:
mwel j opB ky gin givl] sPl AwieAw j lvn Pl uqw ko pwrblhm il v l wv] 1] rhwau]	maa-ee jo parabh kay gun gaavai. safal aa-i-aa jeevan fal taa ko paarbarahm liv laavai. 1 rahaa-o.	O mother, how fruitful is the birth of one who sings the Glories of God, and enshrines love for the Supreme Lord God. 1 Pause
sDru sGVu sDru sobpw j o swDU sDru pivl]	sundar sugharh soor so baytaa jo saaDhoo sang paavai.	Beautiful, wise, brave and divine is one who obtains the Saadh Sangat, the Company of the Holy.
nmuaicwru kry hir rsnw bhiV n j n l D wv] 1]	naam uchaar karay har rasnaa bahurh na jonee Dhaavai. 1	He chants the Naam, the Name of the Lord, with his tongue, and does not have to wander in reincarnation again. 1
pln bhmurivAw mn qn mih Awn n idlStl Awv]	pooran barahm ravi-aa man tan meh aan na daristee aavai.	The Perfect Lord God pervades his mind and body; he does not look upon any other.
nrk rg nhl hvq j n slg nwnk ij su l v l wv] 2] 14]	narak rog nahee hovat jan sang naanak jis larh laavai. 2 14	Hell and disease do not afflict one who joins the Company of the Lord's humble servants, O Nanak; the Lord attaches him to the hem of His robe. 2 14