bin gur sab<u>d</u>ai man nahee <u>th</u>a-uraa

Awsw mhl w 1] (415-6)	aasaa mehlaa 1.	Aasaa, First Mehl:
mnumˈgluswkqudywnw]	man maigal saaka <u>t</u> <u>d</u> ayvaanaa.	The mind of the faithless cynic is like a crazy elephant.
bn KMf mwieAw mih hYrwnw]	ban <u>kh</u> and maa-i-aa mohi hairaanaa.	It wanders around the forest, distracted by attachment to Maya.
ieq anqjwih kwl kycwpy]	i <u>t</u> u <u>t</u> jaahi kaal kay chaapay.	It goes here and there, hounded by death.
gırmüK Küj İhYGru Awpy]1]	gurmu <u>kh</u> <u>kh</u> oj lahai <u>gh</u> ar aapay. 1	The Gurmukh seeks, and finds his own home. 1
ibnugr sbdYmnunhl Tarw]	bin gur sab <u>d</u> ai man nahee <u>th</u> a-uraa.	Without the Word of the Guru's Shabad, the mind finds no place of rest.
ismrhurum numu Aiq inrml u Avr iq Aughuha my karu]1] rhwau]	simrahu raam naam a <u>t</u> nirmal avar <u>t</u> i-aagahu ha-umai ka-uraa. 1 rahaa-o.	Remember in meditation the Lord's Name, the most pure and sublime; renounce your bitter egotism. 1 Pause
iehumnumgDukhhuikaurhsl]	ih man muga <u>Dh</u> kahhu ki-o rahsee.	Tell me, how can this stupid mind be rescued?
ibnusmJyjm kwdKushsl]	bin samjhay jam kaa dukh sahsee.	Without understanding, it shall suffer the pains of death.
AwpybKsysiqgrumylY]	aapay ba <u>kh</u> say sa <u>t</u> gur maylai.	The Lord Himself forgives us, and unites us with the True Guru.
kwlukMtkumwryscupylY]2]	kaal kantak maaray sach paylai.	The True Lord conquers and overcomes the tortures of death. 2
iehumnukrmwiehumnuDrmw]	ih man karmaa ih man <u>Dh</u> armaa.	This mind commits its deeds of karma, and this mind follows the Dharma.
iehumnupMc qquqyjnmw]	ih man panch <u>tat</u> <u>t</u> ay janmaa.	This mind is born of the five elements.
swkqul@liehumnumWw]	saaka <u>t</u> lo <u>bh</u> ee ih man moo <u>rh</u> aa.	This foolish mind is perverted and greedy.
grmiK numuj pYmnurWw]3]	gurmu <u>kh</u> naam japai man roo <u>rh</u> aa.	Chanting the Naam, the mind of the Gurmukh becomes beautiful. 3
gırmiK mnu AsQwnysæl]	gurmukh man asthaanay so-ee.	The mind of the Gurmukh finds the Lord's home.
grmiK iqBvix sul hel]	gurmu <u>kh</u> tari <u>bh</u> avan sojhee ho-ee.	The Gurmukh comes to know the three worlds.
iehumnuj gl Bgl qpuqupY]	ih man jogee <u>bh</u> ogee <u>t</u> ap <u>t</u> aapai.	This mind is a Yogi, an enjoyer, a practicer of austerities.
gurmiK cln⊮hir pBuAwpY]4]	gurmu <u>kh</u> cheen ^H ai har para <u>bh</u> aapai.	The Gurmukh understands the Lord God Himself. 4

mnubhwglhamyiqAwgl]	man bairaagee ha-umai <u>t</u> i-aagee.	This mind is a detached renunciate, forsaking egotism.
Git Git mnsw dubDw lwgl]	ghat ghat mansaa dubiDhaa laagee.	Desire and duality afflict each and every heart.
rwm rswiexu gurmiK cwKY]	raam rasaa-i <u>n</u> gurmu <u>kh</u> chaa <u>kh</u> ai.	The Gurmukh drinks in the Lord's sublime essence;
dir Gir mhl I hir piq rwKY]5]	dar ghar mahlee har pat raakhai.	at His Door, in the Mansion of the Lord's Presence, He preserves his honor. 5
iehumnurwjwstrstonim]	ih man raajaa soor sangraam.	This mind is the king, the hero of cosmic battles.
iehumnuinrBaugrmiK nwim]	ih man nir <u>bh</u> a-o gurmu <u>kh</u> naam.	The mind of the Gurmukh becomes fearless through the Naam.
mwry plot Apin'i vis kley]	maaray panch apunai vas kee-ay.	Overpowering and subduing the five passions,
hamYgNis iekquQwie kley]6]	ha-umai garaas ika <u>t</u> thaa-ay kee-ay.	holding ego in its grip, it confines them to one place. 6
girmiK riig siAiid An iqAiigy]	gurmu <u>kh</u> raag su-aa <u>d</u> an <u>t</u> i-aagay.	The Gurmukh renounces other songs and tastes.
gırmiK iehumnuBgqljugy]	gurmu <u>kh</u> ih man <u>bh</u> ag <u>t</u> ee jaagay.	The mind of the Gurmukh is awakened to devotion.
Anhd six mwinAw sbduvlcwrl]	anha <u>d</u> su <u>n</u> maani-aa saba <u>d</u> veechaaree.	Hearing the unstruck music of the sound current, this mind contemplates the Shabad, and accepts it.
Awqmuclin@Beyinrkwrl]7]	aa <u>t</u> am cheeneh <u>bh</u> a-ay nirankaaree.	Understanding itself, this soul becomes attuned to the Formless Lord. 7
iehumnuinrmludir Gir sel]	ih man nirmal <u>d</u> ar <u>gh</u> ar so-ee.	This mind becomes immaculately pure, in the Court and the Home of the Lord.
gırmiK Bgiq BwauDin hel]	gurmu <u>kh bh</u> aga <u>t bh</u> aa-o <u>Dh</u> un ho- ee.	The Gurmukh shows his love through loving devotional worship.
Aihinis hir j sugur prswid]	ahinis har jas gur parsaa <u>d</u> .	Night and day, by Guru's Grace, sing the Lord's Praises.
Git Git sopBuAwidjgwid]8]	ghat ghat so para <u>bh</u> aa <u>d</u> jugaa <u>d</u> . 8	God dwells in each and every heart, since the very beginning of time, and throughout the ages. 8
rwm rswieix iehumnumwqw]	raam rasaa-i <u>n</u> ih man maa <u>t</u> aa.	This mind is intoxicated with the sublime essence of the Lord;
srb rswiexu grmiK j wqw]	sarab rasaa-i <u>n</u> gurmu <u>kh</u> jaa <u>t</u> aa.	The Gurmukh realizes the essence of totality.
Bgiq hyqugir crx inviisii]	<u>bh</u> aga <u>t</u> hay <u>t</u> gur chara <u>n</u> nivaasaa.	For the sake of devotional worship, he dwells at the Guru's Feet.
nwnk hir j n kydwsin dwsw]9]8]	naanak har jan kay <u>d</u> aasan <u>d</u> aasaa. 9 8	Nanak is the humble servant of the slave of the Lord's slaves. 9 8