

man mayro gaj jihbaa mayree kaaṭee

Aṅsw nṅmdayv j lau] (485-13)	aasaa naamdayv jee-o.	Aasaa, Naam Dayv Jee:
mnu myro gaj uij hbw myrl kwql]	man mayro gaj jihbaa mayree kaaṭee.	My mind is the yardstick, and my tongue is the scissors.
mip mip kwtau j m kl Pwsl]1]	map map kaata-o jam kee faasee. 1	I measure it out and cut off the noose of death. 1
khw krauj wql kh krau pwql]	kahaa kara-o jaṭee kah kara-o paaṭee.	What do I have to do with social status? What do I have to with ancestry?
rwm ko nwmuj pavidn rṅql]1] rhṅau]	raam ko naam japa-o <u>din</u> raṭee. 1 rahaa-o.	I meditate on the Name of the Lord, day and night. 1 Pause
rṅgin rṅgau slvin slṅau]	raa ^N gan raa ^N ga-o seevan seeva-o.	I dye myself in the color of the Lord, and sew what has to be sewn.
rwm nwm ibnu GrIA n j lvau]2]	raam naam bin <u>gh</u> aree-a na jeeva-o. 2	Without the Lord's Name, I cannot live, even for a moment. 2
Bgiq krauhir kygin gwṅau]	<u>bh</u> agat kara-o har kay gun gaava-o.	I perform devotional worship, and sing the Glorious Praises of the Lord.
AṅT phr Aprṅw Ksmu iDAṅvau]3]	aath pahar apnaa <u>kh</u> asam <u>D</u> hi-aava-o. 3	Twenty-four hours a day, I meditate on my Lord and Master. 3
sieny kl slṅl rpy kw Dṅgw]	su-inay kee soo-ee rupay kaa <u>D</u> haagaa.	My needle is gold, and my thread is silver.
nṅmy kw icqu hir sau l ṅgw]4]3]	naamay kaa chit har sa-o laagaa. 4 3	Naam Dayv's mind is attached to the Lord. 4 3