

saaDhoo sang tareejai saagar katee-ai jam kee faasaa jee-o

ਮੁੱਝ ਮਹਲਾ 5] (108-4)	maajh mehlaa 5.	Maajh, Fifth Mehl:
ਮਨੁ ਗੁਨੁ ਰਗੁ ਰਾਮ ਪਿਆਰੈ]	man tan raṭaa raam pi-aaray.	My mind and body are imbued with love for the Lord.
ਸਰਬਸੁ ਢਿਯਾ ਅਪਨਾ ਵਾਰੈ]	sarbas deejai apnaa vaaray.	I sacrifice everything for Him.
ਅੰਤ ਪੁਰ ਗਿਵੰਠੁ ਗੁਣ ਗੁਣੈ ਅੰਬਰੁ ਨ ਕੈਲ ਸੁਖੈ ਜ ਲਾਉ] 1]	aath pahar govind gun gaa-ee-ai bisar na ko-ee saasaa jee-o. 1	Twenty-four hours a day, sing the Glorious Praises of the Lord of the Universe. Do not forget Him, for even one breath. 1
ਸੋਏ ਸਾਯ ਨ ਮਿਲੈ ਪਿਆਰੈ]	so-ee saajan meet pi-aaraa.	He is a companion, a friend, and a beloved of mine,
ਰਾਮ ਨਾਮੁ ਸਾਢਸੰਗੁ ਬਿਚਾਰੈ]	raam naam saaDhsang beecharaa.	who reflects upon the Lord's Name, in the Company of the Holy.
ਸਾਢਸੰਗੁ ਗੁਰੈ ਯਸੰਗੁ ਕੀ ਠਾਯ ਮ ਕੀ ਪਾਸੈ ਜ ਲਾਉ] 2]	saaDhoo sang tareejai saagar katee-ai jam kee faasaa jee-o. 2	In the Saadh Sangat, the Company of the Holy, cross over the world-ocean, and the noose of death shall be cut away. 2
ਚਾਰ ਪਦਾਰਠੁ ਹਿਰ ਕੀ ਸਯੈ]	chaar padaarath har kee sayvaa.	The four cardinal blessings are obtained by serving the Lord.
ਪਾਰੈ ਯੈ ਯੈ ਪੈ ਅੰਕੁ ਅਭਯੈ]	paarjaat jap alakh abhayvaa.	The Elysian Tree, the source of all blessings, is meditation on the Unseen and Unknowable Lord.
ਕਾਮੁ ਕਰੁਣੁ ਕਿਲਬਿਕੁ ਗੁਰੁ ਕਾਟੈ ਹੈਲ ਅੰਸੁ ਜ ਲਾਉ] 3]	kaam kroDh kilbikh gur kaatay pooran ho-ee aasaa jee-o. 3	The Guru has cut out the sinful mistakes of sexual desire and anger, and my hopes have been fulfilled. 3
ਪੁੰਨੁ ਬਿਗੁ ਬੇਯੈ ਸੁਖੈ ਪੈ ਸਾਢਸੰਗੁ ਮਿਲੈ ਯਸੰਗੁ ਪੈ ਪੈ]	pooran bhaag bha-ay jis paraanee. saaDhsang milay saarangpaanee.	That mortal who is blessed by perfect destiny meets the Lord, the Sustainer of the Universe, in the Company of the Holy.
ਨਾਨਕ ਨਾਮੁ ਵਸੈ ਯੈ ਸੁਖੈ ਯੈ ਪਰਵਾਨੁ ਗਿਰਸੈ ਯੈ ਯੈ ਜ ਲਾਉ] 4] 40] 47]	naanak naam vasi-aa jis antar parvaan girsat udaasaa jee-o. 4 40 47	O Nanak, if the Naam, the Name of the Lord, dwells within the mind, one is approved and accepted, whether he is a house-holder or a renunciate. 4 40 47