

hamree jaat paat gur satgur ham vaychi-o sir gur kay

raagsoohi mhl 4 Gru 1 (731-7)	raag soohee mehlāa 4 ghar 1	Raag Soohee, Fourth Mehl, First House:
min ram namu aaraiDAw gur sbid gurlgur ky]	man raam naam aaraaDhi-aa gur sabad guroo gur kay.	My mind worships and adores the Lord's Name, through the Guru, and the Word of the Guru's Shabad.
siB ieCw min qin plhAw sBuckw fruj m ky]1]	sabh ichhaa man tan pooree-aa sabh chookaa dar jam kay. 1	All the desires of my mind and body have been fulfilled; all fear of death has been dispelled. 1
myrman gax givhu ram nam hir ky]	mayray man gun gaavhu raam naam har kay.	O my mind, sing the Glorious Praises of the Lord's Name.
gurr qutymnu prbiDAw hir plAw rsugtky]1] rhau]	gur tuthai man parboDhi-aa har pee-aa ras gatkay. 1 rahaa-o.	And when the Guru is pleased and satisfied, the mind is instructed; it then joyfully drinks in the subtle essence of the Lord. 1 Pause
sqsqgiq alhm siqgur kurl gin gurlhir pB ky]	satsangat ootam satgur kayree gun gaavai har parabh kay.	The Sat Sangat, the True Congregation of the True Guru, is sublime and exalted. They sing the Glorious Praises of the Lord God.
hir ikrpw Dwir myl husqsqgiq hm Dwh pg j n ky]2]	har kirpaa Dhaar maylhu satsangat ham Dhovah pag jan kay. 2	Bless me with Your Mercy, Lord, and unite me with the Sat Sangat; I wash the feet of Your humble servants. 2
ram namu sBuh ram namu rsu gurmig rsursky]	raam naam sabh hai raam naamaa ras gurmat ras raskay.	The Lord's Name is all. The Lord's Name is the essence of the Guru's Teachings, the juice, the sweetness of it.
hir Almkur hir j l upwieAw sB l wQl iqs iqs ky]3]	har amrit har jal paa-i-aa sabh laathee tis tis kay. 3	I have found the Ambrosial Nectar, the Divine Water of the Lord's Name, and all my thirst for it is quenched. 3
hmrl j wiq piq grusiqgru hm vjce isrugr ky]	hamree jaat paat gur satgur ham vaychi-o sir gur kay.	The Guru, the True Guru, is my social status and honor; I have sold my head to the Guru.
j n nank namu pirE gur cl w gr rwKhu l w j n ky]4]1]	jan naanak naam pari-o gur chaylaa gur raakho laaj jan kay. 4 1	Servant Nanak is called the chaylaa, the disciple of the Guru; O Guru, save the honor of Your servant. 4 1