

man tan parabh aaraaDhee-ai mil saaDh samaagai

ibl wvl umhl w 5 ] (817-19)	bilaaval mehlaa 5.	Bilaaval, Fifth Mehl:
min qin p <u>Bu</u> Aw <u>u</u> DIA <u>Y</u> imil s <u>w</u> D sm <u>g</u> Y ]	man <u>tan</u> <u>parabh</u> aaraa <u>Dhee</u> -ai mil saa <u>Dh</u> samaagai.	Worship and adore God in your mind and body; join the Company of the Holy.
a <u>u</u> crq gun gp <u>w</u> l j s <u>u</u> dl <u>r</u> q <u>y</u> j m <u>u</u> B <u>w</u> gY ]1]	uchrat <u>g</u> un gopaal jas <u>door</u> <u>tay</u> jam <u>bha</u> agai.   1	Chanting the Glorious Praises of the Lord of the Universe, the Messenger of Death runs far away.   1
r <u>w</u> m n <u>w</u> mu j o j n <u>u</u> j p <u>Y</u> Anidnu s <u>d</u> j <u>w</u> gY ]	raam naam jo jan japai an- <u>din</u> sad <u>ja</u> gai.	That humble being who chants the Lord's Name, remains always awake and aware, night and day.
q <u>l</u> ku m <u>l</u> ku n <u>h</u> j <u>h</u> el iq <u>q</u> u c <u>w</u> Ku n l <u>w</u> gY ]1] r <u>h</u> au ]	<u>tant</u> <u>mant</u> nah joh-ee <u>tit</u> <u>chaakh</u> na laagai.   1   rahaa-o.	He is not affected by charms and spells, nor is he harmed by the evil eye.   1  Pause
k <u>w</u> m k <u>o</u> md m <u>w</u> n m <u>h</u> ibnsy An <u>w</u> gY ]	kaam kro <u>Dh</u> mad <u>ma</u> an moh binsay anraagai.	Sexual desire, anger, the intoxication of egotism and emotional attachment are dispelled, by loving devotion.
A <u>w</u> nd mgn ris r <u>w</u> m r <u>l</u> g n <u>w</u> nk srn <u>w</u> gY ]2]4]68]	aanand <u>mag</u> an ras raam rang naanak sarnaagai.   2  4  68	One who enters the Lord's Sanctuary, O Nanak, remains merged in ecstasy in the subtle essence of the Lord's Love.   2  4  68