

man meh sinchahu har har naam

ibI wvl umhl w 5] (807-5)	bilaaval mehlāa 5.	Bilaaval, Fifth Mehl:
mn mih isChuhir hir nwm]	man meh sinchahu har har naam.	Irrigate your mind with the Name of the Lord, Har, Har.
AnidnuKlrqnuhir gux gum]1]	an-din keertan har gun gaam. 1	Night and day, sing the Kirtan of the Lord's Praises. 1
AhI pliq krhumn myy]	aisee pareet karahu man mayray.	Enshrine such love, O my mind,
AwT phr pB j wnhu nry]1] rhwaU]	aath pahar parabh jaanhu nayray. 1 rahaa-o.	that twenty-four hours a day, God will seem near to you. 1 Pause
khu nwnk j w kyinrml Bwg]	kaho naanak jaa kay nirmal bhaag.	Says Nanak, one who has such immaculate destiny
hir crnl qw kw mnul wg]2]7]25]	har charnee taa kaa man laag. 2 7 25	- his mind is attached to the Lord's Feet. 2 7 25