

man kah aha^Nkaar afaaraa

dygDwrl 5] (530-9)	dayvganDhaaree 5.	Dayv-Gandhaaree, Fifth Mehl:
mn kh Ahlkair APwrw]	man kah aha ^N kaar afaaraa.	O mind, why are you so puffed up with egotism?
dirgD ApivqR Apivn Blqir j o dIsYsoCwrw]1] rhwau]	durganDh apvitar apaavan bheetar jo deesai so chhaaraa. 1 rahaa-o.	Whatever is seen in this foul, impure and filthy world, is only ashes. 1 Pause
ij in kIAw iqsuismir prwnl j lau pIn ij in Dwrw]	j in kee-aa tis simar paraanee jee-o paraan jin Dhaaraa.	Remember the One who created you, O mortal; He is the Support of your soul, and the breath of life.
iqsih iqAwig Avr l ptivih mir j nmih mgD gvwrw]1]	tiseh ti-aag avar laptaavahi mar janmeh mugaDh gavaaraa. 1	One who forsakes Him, and attaches himself to another, dies to be reborn; he is such an ignorant fool! 1
AD gD ipDul miq hlnw pB rwKhu rwKnhwrw]	anDh gung pingul mat heenaa parabh raakho raakhanhaaraa.	I am blind, mute, crippled and totally lacking in understanding; O God, Preserver of all, please preserve me!
krn krwnhwr smrQw ikAw nwnk j D ibcwrw]2]11]	karan karaavanhaar samrathaa ki-aa naanak janat bichaaraa. 2 11	The Creator, the Cause of causes is all-powerful; O Nanak, how helpless are His beings! 2 11