

japahu ʈa ayko naamaa

<p>riḡuṣṭhi mhi ॥ 1 capdyGru1 (728-4)</p>	<p>raag soohee mehlaa 1 cha-upday ghar 1</p>	<p>Raag Soohee, First Mehl, Chau-Padas, First House:</p>
<p>BWfW Die bʼs Dḡu dyhu qau dDʼ kau j wvhu]</p>	<p>bḡaa^Ndaa Dho-ay bais Dhoop dayvhu ʈa-o dooDḡai ka-o jaavhu.</p>	<p>Wash the vessel, sit down and anoint it with fragrance; then, go out and get the milk.</p>
<p>dDu krm Pin sriq smiexuhie inrw s j mrvhu]1]</p>	<p>dooDḡ karam fun surat samaa-in ho-ay niraas jamaavahu. 1 </p>	<p>Add the rennet of clear consciousness to the milk of good deeds, and then, free of desire, let it curdle. 1 </p>
<p>j phu q ekonimw]</p>	<p>japahu ʈa ayko naamaa.</p>	<p>Chant the Name of the One Lord.</p>
<p>Avir inrwPI kwmw]1] rhwau]</p>	<p>avar niraafal kaamaa. 1 rahaa-o.</p>	<p>All other actions are fruitless. 1 Pause </p>
<p>iehumnueltI hwiQ krhuPin nḡḡaund n AvvI]</p>	<p>ih man eetee haath karahu fun nayʈara-o need na aavai.</p>	<p>Let your mind be the handles, and then churn it, without sleeping.</p>
<p>rsnw nwmw j phu qb mQIAʼien ibiD Alimḡu puvhu]2]</p>	<p>rasnaa naam japahu ʈab mathee-ai in biDḡ amriṭ paavhu. 2 </p>	<p>If you chant the Naam, the Name of the Lord ,with your tongue, then the curd will be churned. In this way, the Ambrosial Nectar is obtained. 2 </p>
<p>mnu sḡtu ij qu sq sir nrvxu Bwvn pḡqI iqḡiq kry]</p>	<p>man sampat jṭ sat sar naavan bḡaavan paṭtee ʈaripaṭ karay.</p>	<p>Wash your mind in the pool of Truth, and let it be the vessel of the Lord; let this be your offering to please Him.</p>
<p>pj ॥ pḡx syku j syjyen@ibiD swhburvqu rhʼ]3]</p>	<p>poojaa paraan sayvak jay sayvay in^H biDḡ saahib ravat rahai. 3 </p>	<p>That humble servant who dedicates and offers his life, and who serves in this way, remains absorbed in his Lord and Master. 3 </p>
<p>khdykhih khykih j wvih qm sir Avrin kel]</p>	<p>kahday kaheh kahay kahi jaaveh ʈum sar avar na ko-ee.</p>	<p>The speakers speak and speak and speak, and then they depart. There is no other to compare to You.</p>
<p>Bḡiq hlxunwku j nu j ḡʼhau swl whl scw sel]4]1]</p>	<p>bḡagaṭ heen naanak jan jampai ha- o saalaahē sachaa so-ee. 4 1 </p>	<p>Servant Nanak, lacking devotion, humbly prays: may I sing the Praises of the True Lord. 4 1 </p>