

bol har naam safal saa gharee

Bhraumhl w 4] (1134-5)	<u>b</u> hairo mehlaa 4.	Bhairao, Fourth Mehl:
bol hir nwmusPI sw Grl]	bol har naam safal saa <u>gh</u> aree.	Fruitful is that moment when the Lord's Name is spoken.
gur apdjs siB dK prhrl]1]	gur up <u>d</u> ays <u>sabh</u> <u>dukh</u> parharee. 1	Following the Guru's Teachings, all pains are taken away. 1
myrman hir Bj unwmunrhrl]	mayray man har <u>bh</u> aj naam narharee.	O my mind, vibrate the Name of the Lord.
kir ikrpw ml huguruplw sqstgiq slhg isDuBauqrl]1] rhau]	kar kirpaa maylhu gur pooraa satsangat sang sin <u>Dh</u> <u>bha</u> -o taree. 1 rahaa-o.	O Lord, be merciful, and unite me with the Perfect Guru. Joining with the Sat Sangat, the True Congregation, I shall cross over the terrifying world-ocean. 1 Pause
j gj lvnu iDAwie min hir ismrl]	jagjeevan <u>Dhi</u> -aa-ay man har simree.	Meditate on the Life of the World; remember the Lord in your mind.
kot kotkr qryppw prhrl]2]	kot kotant <u>r</u> tayray paap parharee. 2	Millions upon millions of your sins shall be taken away. 2
sqstgiq swD DDr miK prl]	satsangat saa <u>Dh</u> <u>Dhoor</u> muk <u>h</u> paree.	In the Sat Sangat, apply the dust of the feet of the holy to your face;
iesnwnukIE ATsiT srsrl]3]	isnaan kee-o <u>athsath</u> sursaree. 3	this is how to bathe in the sixty-eight sacred shrines, and the Ganges. 3
hm mlK kauhir ikrpw krl]	ham moor <u>akh</u> ka-o har kirpaa karee.	I am a fool; the Lord has shown mercy to me.
j nu nwnku qwirE qwrx hrl]4]2]	jan naanak taari-o taaran <u>h</u> haree. 4 2	The Savior Lord has saved servant Nanak. 4 2