

sun man tan tujh sukh dikhlaava-o

shl mhl w 5] (742-12)	soohee mehlāa 5.	Soohee, Fifth Mehl:
bkt ngruj h w slq vrs]	baikunth nagar jahaa sant vaasaa.	The city of heaven is where the Saints dwell.
pB crx kml ird mih invrs]1]	parabh charan kamal rid maahi nivaasaa. 1	They enshrine the Lotus Feet of God within their hearts. 1
six mn qn quiskidKI wau]	sun man tan tujh sukh dikhlaava-o.	Listen, O my mind and body, and let me show you the way to find peace,
hir Aink ibj n quBq Bt wau]1] rhau]	har anik binjan tujh bhog bhunchaava-o. 1 rahaa-o.	so that you may eat and enjoy the various delicacies of the Lord 1 Pause
Almly nmu Btumn mhl]	amrit naam bhunch man maahee.	Taste the Ambrosial Nectar of the Naam, the Name of the Lord, within your mind.
Acrj swd qv kybrnyn j whl]2]	achraj saad taa kay barnay na jaahee. 2	Its taste is wondrous - it cannot be described. 2
I BmAw iqsnw biJ Qwkl]	lobh moo-aa tarisnaa bujh thaakee.	Your greed shall die, and your thirst shall be quenched.
pwrbhm kl srix j n qwkl]3]	paarbarahm kee saran jan taakee. 3	The humble beings seek the Sanctuary of the Supreme Lord God. 3
j nm j nm kyBYmh invry]	janam janam kay bhai moh nivaaray.	The Lord dispels the fears and attachments of countless incarnations.
nwnk dws pB ikrpw Dwry]4]21]27]	naanak daas parabh kirpaa Dhaaray. 4 21 27	God has showered His Mercy and Grace upon slave Nanak. 4 21 27