

maa-i-aa bi-aapat baho parkaaree

gaMI guAryl mhl 5 ] (182-1)	ga-orhee gu-aarayree mehlaa 5.	Gauree Gwaarayree, Fifth Mehl:
ibAipq hrK sg ibsQir ]	bi-aapat harakh sog bisthaar.	It torments us with the expression of pleasure and pain.
ibAipq srg nrk Avqir ]	bi-aapat surag narak avtaar.	It torments us through incarnations in heaven and hell.
ibAipq Dn inrDn pjK sBw ]	bi-aapat <u>Dhan</u> <u>nirDhan</u> <u>paykh</u> <u>sobhaa</u> .	It is seen to afflict the rich, the poor and the glorious.
mll ibAIDI ibAapis 1 Bw ]1]	mool bi-aa <u>Dhee</u> bi-aapas lobhaa.   1	The source of this illness which torments us is greed.   1
mieAw ibAipq bhuprkirl ]	maa-i-aa bi-aapat baho parkaaree.	Maya torments us in so many ways.
sl j lvih pB Et qmrl ]1] rhau ]	sant jeeveh parabh ot tumaaree.   1   rahaa-o.	But the Saints live under Your Protection, God.   1  Pause
ibAipq AhbID kw mwqw ]	bi-aapat aha <sup>N</sup> -bu <u>Dh</u> kaa maataa.	It torments us through intoxication with intellectual pride.
ibAipq pqrkl qrsig rwqw ]	bi-aapat putar kaltar sang raataa.	It torments us through the love of children and spouse.
ibAipq hsiq GM Arubsqw ]	bi-aapat hasat ghor <u>hay</u> ar bastaa.	It torments us through elephants, horses and beautiful clothes.
ibAipq rlp j bn md msqw ]2]	bi-aapat roop joban mad mastaa.   2	It torments us through the intoxication of wine and the beauty of youth.   2
ibAipq Blm rlk Arurlw ]	bi-aapat bhook rank ar rangaa.	It torments landlords, paupers and lovers of pleasure.
ibAipq glq nwd siix slw ]	bi-aapat geet naad sun sangaa.	It torments us through the sweet sounds of music and parties.
ibAipq sj mhl slgir ]	bi-aapat sayj mahal seegaar.	It torments us through beautiful beds, palaces and decorations.
plc dlq ibAipq AIDAwr ]3]	panch doot bi-aapat an <u>Dhi</u> -aar.   3	It torments us through the darkness of the five evil passions.   3
ibAipq krm krYhaPws ]	bi-aapat karam karai ha-o faasaa.	It torments those who act, entangled in ego.
ibAipiq igrsq ibAipq adws ]	bi-aapat girsat bi-aapat udaasaa.	It torments us through household affairs, and it torments us in renunciation.

A▫ਹਿਰ ibaਹਿਰ ibA▫pq ieh j ਨਿq ]	aachaar bi-ухаар bi-aapat ih jaat.	It torments us through character, lifestyle and social status.
sB ikCubA▫pq ibnਿhir rਿq nਿq ]4]	sabਿ kichਿ bi-aapat bin har rang raat.   4	It torments us through everything, except for those who are imbued with the Love of the Lord.   4
sਿn ky bDn kwtyhir rwie ]	santan kay banDhan kaatay har raa-ay.	The Sovereign Lord King has cut away the bonds of His Saints.
qਿ kaukhਿ ibA▫plਿ mwie ]	taa ka-o kahaa bi-aapai maa-ay.	How can Maya torment them?
Khunwink ij in Dਿr sਿq pweI ] qਿ Kਿ inkit n AਿvI'mieI ]5]19]88]	kaho naanak jin Dhoor sant paa-ee. taa kai nikat na aavai maa-ee.   5  19  88	Says Nanak, Maya does not draw near those who have obtained the dust of the feet of the Saints.   5  19  88