

bi-aapaṭ harakh sog bisthaar

gaṽI gaAṽṛṛI mhl ॥ 5] (182-1)	ga-or ^h ee gu-aarayree mehlaa 5.	Gauree Gwaarayree, Fifth Mehl:
ibAṽpq hrK sg ibsQṽṛ]	bi-aapaṭ harakh sog bisthaar.	It torments us with the expression of pleasure and pain.
ibAṽpq srg nrk Avqṽṛ]	bi-aapaṭ surag narak avṭaar.	It torments us through incarnations in heaven and hell.
ibAṽpq Dn inrDn pjK sBṽ]	bi-aapaṭ <u>D</u> han nir <u>D</u> han paykh sobḥaa.	It is seen to afflict the rich, the poor and the glorious.
mṽI uibAṽDI ibAṽpis I Bṽ]1]	mool bi-aa <u>D</u> hee bi-aapas lobḥaa. 1	The source of this illness which torments us is greed. 1
mṽieAṽ ibAṽpq bḥuṽprkṽṛI]	maa-i-aa bi-aapaṭ baho parkaaree.	Maya torments us in so many ways.
sṽṽ j lvih pB Et qmṽṛI]1] rhṽau]	sant jeeveh parabḥ ot ṭumaaree. 1 rahaa-o.	But the Saints live under Your Protection, God. 1 Pause
ibAṽpq AhṽbiD kṽ mṽqṽ]	bi-aapaṭ aha ^N -bu <u>D</u> h kaa maatṭaa.	It torments us through intoxication with intellectual pride.
ibAṽpq pṽṽrkI qRslṽg rṽqṽ]	bi-aapaṭ puṭar kaltar sang raatṭaa.	It torments us through the love of children and spouse.
ibAṽpq hsiq GṽyArṽbsqṽ]	bi-aapaṭ hasat <u>ghor</u> hay ar bastṭaa.	It torments us through elephants, horses and beautiful clothes.
ibAṽpq rṽṽ j ṽn md msqṽ]2]	bi-aapaṭ roop joban mad mastṭaa. 2	It torments us through the intoxication of wine and the beauty of youth. 2
ibAṽpq Bṽm rṽk Arṽṽṽṽ]	bi-aapaṭ <u>b</u> hoom rank ar rangaa.	It torments landlords, paupers and lovers of pleasure.
ibAṽpq glq nṽd six sṽṽ]	bi-aapaṭ geet naad sun sangaa.	It torments us through the sweet sounds of music and parties.
ibAṽpq sj mhl slṽṽ]	bi-aapaṭ sayj mahal seegaar.	It torments us through beautiful beds, palaces and decorations.
pṽṽ dṽṽ ibAṽpq AṽDAṽṽ]3]	panch doot bi-aapaṭ an <u>D</u> hi-aar. 3	It torments us through the darkness of the five evil passions. 3
ibAṽpq krm krYḥauPṽṽ]	bi-aapaṭ karam karai ha-o faasaa.	It torments those who act, entangled in ego.
ibAṽpiq igrsq ibAṽpq aṽṽṽṽ]	bi-aapaṭ girsat bi-aapaṭ uḍaasaa.	It torments us through household affairs, and it torments us in renunciation.

Awcr ibahwr ibAwpq ieh j wiq]	aachaar bi-uhaar bi-aapat ih jaat.	It torments us through character, lifestyle and social status.
sB ikCuibAwpq ibnuhir rly riq]4]	sabh kichh bi-aapat bin har rang raat. 4	It torments us through everything, except for those who are imbued with the Love of the Lord. 4
skn kybDn kwtahir rwie]	santan kay banDhan kaatay har raa-ay.	The Sovereign Lord King has cut away the bonds of His Saints.
qw kaukhw ibAwpymie]	taa ka-o kahaa bi-aapai maa-ay.	How can Maya torment them?
khuwnk ij in Dir skt pwel] qw ky inkit n Awymiel]5]19]88]	kaho naanak jin Dhoor sant paa-ee. taa kai nikat na aavai maa-ee. 5 19 88	Says Nanak, Maya does not draw near those who have obtained the dust of the feet of the Saints. 5 19 88