

paraanee naaraa-in suDh layhi

rumkl l mhl w 9] (902-8)	raamkalee mehlaa 9.	Raamkalee, Ninth Mehl:
plnl nwrwien siD l jh]	paraanee naaraa-in suDh layhi.	O mortal, focus your thoughts on the Lord.
iCnu iCnu AaD GtYinis bwsir ibDw j wquhYdh]1] rhwau]	chhin chhin a-oDh ghatai nis baasur baritha jaat hai dayh. 1 rahaa-o.	Moment by moment, your life is running out; night and day, your body is passing away in vain. 1 Pause
qrnwpo ibiKAn isau KieE bwl pnu AigAww]	ṭarnaapo bikhi-an si-o kho-i-o baalpan agi-aanaa.	You have wasted your youth in corrupt pleasures, and your childhood in ignorance.
ibriD BieE Aj hlnhl smJY kan kmiq arJww]1]	biraDh bha-i-o ajhoo nahee samjhai ka-un kumat urjhaanaa. 1	You have grown old, and even now, you do not understand, the evil-mindedness in which you are entangled. 1
mwns j nmudIE ij h Twkir so qY ikau ibsrwieE]	maanas janam dee-o jih thaakur so ṭai ki-o bisraa-i-o.	Why have you forgotten your Lord and Master, who blessed you with this human life?
mikqu hq nr j w klismrY inmK n qw kaugwieE]2]	mukat hot nar jaa kai simrai nimakh na ṭaa ka-o gaa-i-o. 2	Remembering Him in meditation, one is liberated. And yet, you do not sing His Praises, even for an instant. 2
mwieAw ko mdukhw krqu hY slig n kwhlj wel]	maa-i-aa ko mad kahaa karat hai sang na kaahoo jaa-ee.	Why are you intoxicated with Maya? It will not go along with you.
nwnku khqu cjg ickym in hie hY Aiq shwel]3]3]81]	naanak khat chayt chintaaman ho-ay hai ant sahaa-ee. 3 3 81	Says Nanak, think of Him, remember Him in your mind. He is the Fulfiller of desires, who will be your help and support in the end. 3 3 81