

paraatehkaal har naam uchaaree

shl mhl 5] (743-5)	soohee mehlāa 5.	Soohee, Fifth Mehl:
p᳚qhk᳚il hir n᳚m ac᳚rl]	paraatehkaal har naam uchaaree.	In the early hours of the morning, I chant the Lord's Name.
elq aq kl Et sv᳚rl]1]	eet᳚ oot᳚ kee ot savaaree. 1	I have fashioned a shelter for myself, hear and hereafter. 1
sd᳚ sd᳚ jplA᳚ hir n᳚m]	sadaa sadaa japee-ai har naam.	Forever and ever, I chant the Lord's Name,
prn hvih mn k᳚ k᳚m]1] rh᳚a]	pooran hoveh man kay kaam. 1 rahaa-o.	and the desires of my mind are fulfilled. 1 Pause
pB᳚ Aibn᳚sl rix idn᳚ g᳚a]	parabh᳚ abhinaasee rain᳚ din᳚ gaa-o.	Sing the Praises of the Eternal, Imperishable Lord God, night and day.
jlvq mrq inhcl᳚ p᳚vih Q᳚a]2]	jeevat᳚ marat᳚ nihchal paavahi thaa-o. 2	In life, and in death, you shall find your eternal, unchanging home. 2
s᳚ sh᳚ siv ij᳚ qit n A᳚v]	so saahu sayv j᳚t tot na aavai.	So serve the Sovereign Lord, and you shall never lack anything.
K᳚q Krcq siK Anid ivh᳚v]3]	khaat᳚ kharchat᳚ sukh᳚ anad᳚ vihaavai. 3	While eating and consuming, you shall pass your life in peace. 3
j᳚jlvn prK᳚ s᳚Dsig p᳚ieA᳚]	jagjeevan purakh᳚ saaD᳚hsang paa-i-aa.	O Life of the World, O Primal Being, I have found the Saadh Sangat, the Company of the Holy.
gr᳚ ps᳚id n᳚nk n᳚m iDA᳚ieA᳚]4]24]30]	gur parsaad᳚ naanak naam D᳚hi-aa-i-aa. 4 24 30	By Guru's Grace, O Nanak, I meditate on the Naam, the Name of the Lord. 4 24 30