parathmay miti-aa <u>t</u>an kaa <u>d</u>oo<u>kh</u>

Awsw mhl w 5] (395-14)	aasaa mehlaa 5.	Aasaa, Fifth Mehl:
pЮmyimitAwqn kwdK]	parathmay miti-aa <u>t</u> an kaa <u>d</u> oo <u>kh</u> .	First, the pains of the body vanish;
mn sgl kauhvAu sKu]	man sagal ka-o ho-aa sookh.	then, the mind becomes totally peaceful.
kir ikrpw gwr dlnonwau]	kar kirpaa gur <u>d</u> eeno naa-o.	In His Mercy, the Guru bestows the Lord's Name.
bil bil iqsusiqgur kauj wau]1]	bal bal tis satgur ka-o jaa-o. 1	I am a sacrifice, a sacrifice to that True Guru. 1
gırıı plhı pwieE myry Bwel]	gur pooraa paa-i-o mayray <u>bh</u> aa- ee.	I have obtained the Perfect Guru, O my Siblings of Destiny.
rg sg sB dK ibnwsysiqgr kl srxwel] rhwau]	rog sog sa <u>bh</u> <u>d</u> oo <u>kh</u> binaasay sa <u>tg</u> ur kee sar <u>n</u> aa-ee. rahaa-o.	All illness, sorrows and sufferings are dispelled, in the Sanctuary of the True Guru. Pause
gir kycrn ihrdYvswey]	gur kay charan hir <u>d</u> ai vasaa-ay.	The feet of the Guru abide within my heart;
mnickqsglyPlpwey]	man chintat saglay fal paa-ay.	I have received all the fruits of my heart's desires.
Agin bull sB hel sWq]	agan bujhee sa <u>bh</u> ho-ee saa ^N t.	The fire is extinguished, and I am totally peaceful.
kir ikrpw gwir klnl dwiq]2]	kar kirpaa gur keenee daat. 2	Showering His Mercy, the Guru has given this gift. 2
inQwykaugirdlnoQwnu]	nithaavay ka-o gur <u>d</u> eeno thaan.	The Guru has given shelter to the shelterless.
inmwnykaugir klnomwnu]	nimaanay ka-o gur keeno maan.	The Guru has given honor to the dishonored.
bDn kwit syvk kir rwKy]	ban <u>Dh</u> an kaat sayvak kar raa <u>kh</u> ay.	Shattering his bonds, the Guru has saved His servant.
Alimiq bunl rsnu cuKy]3]	amri <u>t</u> baanee rasnaa chaa <u>kh</u> ay.	I taste with my tongue the Ambrosial Bani of His Word.
vfYBwig plj gir crnw]	vadai <u>bh</u> aag pooj gur charnaa.	By great good fortune, I worship the Guru's feet.
sgl iqAwig pwelpBsrnw]	sagal <u>t</u> i-aag paa-ee para <u>bh</u> sarnaa.	Forsaking everything, I have obtained God's Sanctuary.
grunwnk jw kauBieAw dieAwlw] sojnuhAw sdw inhwlw]4]6]100]	gur naanak jaa ka-o <u>bh</u> a-i-aa <u>d</u> a-i- aalaa. so jan ho-aa sa <u>d</u> aa nihaalaa. 4 6 100	That humble being, O Nanak, unto whom the Guru grants His Mercy, is forever enraptured. 4 6 100