pahilai pahrai rai<u>n</u> kai va<u>n</u>jaari-aa mi<u>t</u>raa hukam pa-i-aa gar<u>bh</u>aas

isrl rwgumhlw 1phryGru1] (74-16)	sireeraag mehlaa 1 pahray <u>gh</u> ar 1.	Siree Raag, First Mehl, Pehray, First House:
pihl YphrYrYx kYvxjwirAw imqW hukim pieAw grBwis]	pahilai pahrai rai <u>n</u> kai va <u>n</u> jaari-aa mi <u>t</u> raa hukam pa-i-aa gar <u>bh</u> aas.	In the first watch of the night, O my merchant friend, you were cast into the womb, by the Lord's Command.
arD qpuAkqir kry∨xjwirAw imqW Ksm syql Ardwis]	ura <u>Dh</u> tap an <u>t</u> ar karay va <u>n</u> jaari-aa mi <u>t</u> raa <u>kh</u> asam saytee ar <u>d</u> aas.	Upside-down, within the womb, you performed penance, O my merchant friend, and you prayed to your Lord and Master.
Ksm syql Ardwis vKwxYaurD iDAwin ilvlwgw]	<u>kh</u> asam say <u>t</u> ee ar <u>d</u> aas va <u>kh</u> aa <u>n</u> ai ura <u>Dh Dh</u> i-aan liv laagaa.	You uttered prayers to your Lord and Master, while upside- down, and you meditated on Him with deep love and affection.
nw mrjwdu Awie Aw kil Blqir bwhuiV jwslnwgw]	naa marjaa <u>d</u> aa-i-aa kal <u>bh</u> ee <u>t</u> ar baahu <u>rh</u> jaasee naagaa.	You came into this Dark Age of Kali Yuga naked, and you shall depart again naked.
j∜slklm vùVlhYmsqik q%sl jlAVypwis]	jaisee kalam vu <u>rh</u> ee hai mas <u>t</u> ak <u>t</u> aisee jee-a <u>rh</u> ay paas.	As God's Pen has written on your forehead, so it shall be with your soul.
khunwnk plixl pihl YphrYhikim pieAw grBwis]1]	kaho naanak paraa <u>n</u> ee pahilai pahrai hukam pa-i-aa gar <u>bh</u> aas. 1	Says Nanak, in the first watch of the night, by the Hukam of the Lord's Command, you enter into the womb. 1
dlj lphrlrlx klvxjwirAw imqlu ivsir gieAw iDAwnu]	<u>d</u> oojai pahrai rai <u>n</u> kai va <u>n</u> jaari-aa mi <u>t</u> raa visar ga-i-aa <u>Dh</u> i-aan.	In the second watch of the night, O my merchant friend, you have forgotten to meditate.
hQ₀hiQ ncwelAY∨xjwirAw imqW ij auj sudw Gir kwnu]	hatho hath nachaa-ee-ai va <u>n</u> jaari- aa mi <u>t</u> raa ji-o jasu <u>d</u> aa <u>gh</u> ar kaan.	From hand to hand, you are passed around, O my merchant friend, like Krishna in the house of Yashoda.
hQihiQ ncwelAYpNixI mwq khY swqumyrw]	hatho hath nachaa-ee-ai paraa <u>n</u> ee maa <u>t</u> kahai su <u>t</u> mayraa.	From hand to hand, you are passed around, and your mother says, "This is my son."
cją Acy mW mn myry Aliką nhl kCu qyrw]	chay <u>t</u> achay <u>t</u> moo <u>rh</u> man mayray an <u>t</u> nahee ka <u>chh</u> <u>t</u> ayraa.	O, my thoughtless and foolish mind, think: In the end, nothing shall be yours.
ij in ric ricAw iqsih n j wxY mn Blqir Dir igAwnu]	jin rach rachi-aa <u>t</u> iseh na jaa <u>n</u> ai man <u>bh</u> ee <u>t</u> ar <u>Dh</u> ar gi-aan.	You do not know the One who created the creation. Gather spiritual wisdom within your mind.

khunwnk pwixl dyi yphryivsir gieAw iDAwnu]2]	kaho naanak paraa <u>n</u> ee <u>d</u> oojai pahrai visar ga-i-aa <u>Dh</u> i-aan. 2	Says Nanak, in the second watch of the night, you have forgotten to meditate. 2
qlj¥phr¥r¥x k¥vxjwirAwimqW Dnjobnisauicqu]	<u>t</u> eejai pahrai rai <u>n</u> kai va <u>n</u> jaari-aa mi <u>t</u> raa <u>Dh</u> an joban si-o chi <u>t</u> .	In the third watch of the night, O my merchant friend, your consciousness is focused on wealth and youth.
hir kw nwmun cyqhl ∨xjwirAw imqNu bDw Cotih ij qu]	har kaa naam na chay <u>t</u> hee va <u>n</u> jaari-aa mi <u>t</u> raa ba <u>Dh</u> aa <u>chh</u> uteh ji <u>t</u> .	You have not remembered the Name of the Lord, O my merchant friend, although it would release you from bondage.
hir kw.nwmun cgYpNxlibklu BieAw.sNg mwieAw.]	har kaa naam na chay <u>t</u> ai paraa <u>n</u> ee bikal <u>bh</u> a-i-aa sang maa-i-aa.	You do not remember the Name of the Lord, and you become confused by Maya.
Dn isaurqwj¢bin mqwAihlw jnmug∨wieAw]	<u>Dh</u> an si-o ra <u>t</u> aa joban ma <u>t</u> aa ahilaa janam gavaa-i-aa.	Revelling in your riches and intoxicated with youth, you waste your life uselessly.
Drm syql vwpwrun klqokrmun klqoimqu]	<u>Dh</u> aram say <u>t</u> ee vaapaar na kee <u>t</u> o karam na kee <u>t</u> o mi <u>t</u> .	You have not traded in righteousness and Dharma; you have not made good deeds your friends.
khunwnk qlj¥phr¥pWxIDn jøbn isauicqu]3]	kaho naanak <u>t</u> eejai pahrai paraa <u>n</u> ee <u>Dh</u> an joban si-o chi <u>t</u> . 3	Says Nanak, in the third watch of the night, your mind is attached to wealth and youth. 3
ca@YphrYr¥x kYvxjwirAwimqW IwvI AwieAw Kyqu]	cha-uthai pahrai rai <u>n</u> kai va <u>n</u> jaari- aa mi <u>t</u> raa laavee aa-i-aa <u>kh</u> ay <u>t</u> .	In the fourth watch of the night, O my merchant friend, the Grim Reaper comes to the field.
jwjim pkiV clwieAwvxjwirAw imqNiksYnimil AwByqu]	jaa jam paka <u>rh</u> chalaa-i-aa va <u>n</u> jaari-aa mi <u>t</u> raa kisai na mili-aa <u>bh</u> ay <u>t</u> .	When the Messenger of Death seizes and dispatches you, O my merchant friend, no one knows the mystery of where you have gone.
Bpucpuhir iksYn imil E jw jim pkiV clwieAw]	<u>bh</u> ay <u>t</u> chay <u>t</u> har kisai na mili-o jaa jam paka <u>rh</u> chalaa-i-aa.	So think of the Lord! No one knows this secret, of when the Messenger of Death will seize you and take you away.
Jữw rưdnu hAw d u Awl YiKn mih BieAw prwieAw]	j <u>h</u> oo <u>th</u> aa ru <u>d</u> an ho-aa <u>d</u> o-aalai <u>kh</u> in meh <u>bh</u> a-i-aa paraa-i-aa.	All your weeping and wailing then is false. In an instant, you become a stranger.
swel vsquprwpiq hæl ij suisau I wieAw hygu]	saa-ee vasa <u>t</u> paraapa <u>t</u> ho-ee jis si- o laa-i-aa hay <u>t</u> .	You obtain exactly what you have longed for.
khunwnk pNxl caQYphrYlw∨l lúxAw Kqu]4]1]	kaho naanak paraa <u>n</u> ee cha-uthai pahrai laavee lu <u>n</u> i-aa <u>kh</u> ay <u>t</u> . 4 1	Says Nanak, in the fourth watch of the night, O mortal, the Grim Reaper has harvested your field. 4 1