say-ee sun<u>d</u>ar soh<u>n</u>ay

mwJ mhlw5 Gru2] (132-8)	maajh mehlaa 5 ghar 2.	Maajh, Fifth Mehl, Second House:
inq inq dXusmul IAY]	ni <u>t</u> ni <u>t</u> <u>d</u> a-yu samaalee-ai.	Continually, continuously, remember the Merciful Lord.
m i l n mnhuivswrlAY] rhwau]	mool na manhu visaaree-ai. rahaa-o.	Never forget Him from your mind. Pause
skhw skhjiq pvelAY]	san <u>t</u> aa sanga <u>t</u> paa-ee-ai.	Join the Society of the Saints,
ijqujm kłp W 2 n jwelAł]	ji <u>t</u> jam kai panth na jaa-ee-ai.	and you shall not have to go down the path of Death.
qosw hir kw nwmulYqyrykulih n IwgYgwil jlau]1]	<u>t</u> osaa har kaa naam lai <u>t</u> ayray kuleh na laagai gaal jee-o. 1	Take the Provisions of the Lord's Name with you, and no stain shall attach itself to your family. 1
joismrkklysNeIAY]	jo simran <u>d</u> ay saa ^N -ee-ai.	Those who meditate on the Master
nrik n sjel pilelAl]	narak na say-ee paa-ee-ai.	shall not be thrown down into hell.
qql vwaun I gel ij n min vuTw Awie j lau]2]	tatee vaa-o na lag-ee jin man vu <u>th</u> aa aa-ay jee-o. 2	Even the hot winds shall not touch them. The Lord has come to dwell within their minds. 2
syel sydir synxy]	say-ee sun <u>d</u> ar soh <u>n</u> ay.	They alone are beautiful and attractive,
swDsWg ij n bhxy]	saa <u>Dh</u> sang jin baih <u>n</u> ay.	who abide in the Saadh Sangat, the Company of the Holy.
hir Dnuij nl s il j Aw sjel g i Blr Apwr j lau]3]	har <u>Dh</u> an jinee sanji-aa say-ee gam <u>bh</u> eer apaar jee-o. 3	Those who have gathered in the wealth of the Lord's Name-they alone are deep and thoughtful and vast. 3
hir AimaurswiexuplvIAY]	har ami-o rasaa-i <u>n</u> peevee-ai.	Drink in the Ambrosial Essence of the Name,
mih ifTYj n kYj IvIAY]	muhi di <u>th</u> ai jan kai jeevee-ai.	and live by beholding the face of the Lord's servant.
kwrj siB svwir l¥inq p y hug u kypwvjlau]4]	kaaraj sa <u>bh</u> savaar lai ni <u>t</u> poojahu gur kay paav jee-o. 4	Let all your affairs be resolved, by continually worshipping the Feet of the Guru. 4
johir klqw Awpxw]iqnih gnsweljwpxw]	jo har kee <u>t</u> aa aap <u>n</u> aa. <u>t</u> ineh gusaa- ee jaap <u>n</u> aa.	He alone meditates on the Lord of the World, whom the Lord has made His Own.
sosl⁄w prDwnusomsqik ijs dY Bwgujlau]5]	so sooraa par <u>Dh</u> aan so mas <u>t</u> ak jis <u>d</u> ai <u>bh</u> aag jee-o. 5	He alone is a warrior, and he alone is the chosen one, upon whose forehead good destiny is recorded. 5
mn mDypBuA∨gwhIAw]	man man <u>Dh</u> ay para <u>bh</u> avgaahee-aa.	Within my mind, I meditate on God.
ejh rs B ı gx pwiqswhlAw]	ayhi ras <u>bh</u> oga <u>n</u> paa <u>t</u> isaahee-aa.	For me, this is like the enjoyment of princely pleasures.

mbdw mbl n apijEqryscl kwrY Iwigjlau]6]	man <u>d</u> aa mool na upji-o <u>t</u> aray sachee kaarai laag jee-o. 6	Evil does not well up within me, since I am saved, and dedicated to truthful actions. 6
krqw mWn vswieAw]	kar <u>t</u> aa man vasaa-i-aa.	I have enshrined the Creator within my mind;
j nm¥kw PLupwieAw]	janmai kaa fal paa-i-aa.	I have obtained the fruits of life's rewards.
min Bwykkw kkyuhir qyrw iQruhvAw sohwguj lau]7]	man <u>bh</u> aavan <u>d</u> aa kan <u>t</u> har <u>t</u> ayraa thir ho-aa sohaag jee-o. 7	If your Husband Lord is pleasing to your mind, then your married life shall be eternal. 7
Atl pdwrQupwieAw]	atal pa <u>d</u> aarath paa-i-aa.	I have obtained everlasting wealth;
BYB <mark>N</mark> In kl srxwieAw]	<u>bh</u> ai <u>bh</u> anjan kee sar <u>n</u> aa-i-aa.	I have found the Sanctuary of the Dispeller of fear.
lwie Aktil nwnk qwirAnuijqw jnmuApwrjlau]8]4]38]	laa-ay anchal naanak <u>t</u> aari-an ji <u>t</u> aa janam apaar jee-o. 8 4 38	Grasping hold of the hem of the Lord's robe, Nanak is saved. He has won the incomparable life. 8 4 38