## bolhu sach naam kartaar

pBwql mhl w 1 ] (1329-16)	par <u>bh</u> aa <u>t</u> ee mehlaa 1.	Prabhaatee, First Mehl:
idsit ibkwrl b <b>D</b> in bWDYhauiqs kYbil jwel]	<u>d</u> isat bikaaree ban <u>Dh</u> an baa <sup>N</sup> <u>Dh</u> ai ha-o <u>t</u> is kai bal jaa-ee.	I am a sacrifice to that one who binds in bondage his evil and corrupted gaze.
pwp pwh kl swr n j wxYBU w iPrY Aj wel ]1]	paap punn kee saar na jaa <u>n</u> ai <u>bh</u> oolaa firai ajaa-ee.   1	One who does not know the difference between vice and virtue wanders around uselessly.   1
bd huscunwmukrqwr]	bolhu sach naam kartaar.	Speak the True Name of the Creator Lord.
Pin bhiV n Awvx vwr ]1] rhwau]	fun bahu <u>rh</u> na aava <u>n</u> vaar.   1   rahaa-o.	Then, you shall never again have to come into this world.   1  Pause
alcw qyPin nlcukrquhYnlc krY sl qwnu]	oochaa <u>t</u> ay fun neech kara <u>t</u> hai neech karai sul <u>t</u> aan.	The Creator transforms the high into the low, and makes the lowly into kings.
ijnljwxusjwixAwjig qypHy prvwxu]2]	jinee jaa <u>n</u> sujaa <u>n</u> i-aa jag <u>t</u> ay pooray parvaa <u>n</u> .   2	Those who know the All-knowing Lord are approved and certified as perfect in this world.   2
qw kausmJwvx j welAYjykoBU w hel]	taa ka-o samjhaavan jaa-ee-ai jay ko <u>bh</u> oolaa ho-ee.	If anyone is mistaken and fooled, you should go to instruct him.
AwpyKyl krysB krqw A'sw bWY keel]3]	aapay <u>kh</u> ayl karay sa <u>bh</u> kar <u>t</u> aa aisaa boo <u>jh</u> ai ko-ee.   3	The Creator Himself plays all the games; only a few understand this.   3
nwaupBwqYsbid iDAwelAYCofhu dml prlqw]	naa-o par <u>bh</u> aa <u>t</u> ai saba <u>d Dh</u> i-aa-ee- ai <u>chh</u> odahu <u>d</u> unee paree <u>t</u> aa.	Meditate on the Name, and the Word of the Shabad, in the early hours before dawn; leave your worldly entanglements behind.
pkviq nwnk dwsin dwswjig hwirAwiqinjlqw]4]9]	para <u>n</u> va <u>t</u> naanak <u>d</u> aasan <u>d</u> aasaa jag haari-aa <u>t</u> in jee <u>t</u> aa.   4  9	Prays Nanak, the slave of God's slaves: the world loses, and he wins.   4  9