

disat bikaaree banDhan baa^NDhai ha-o tis kai bal jaa-ee

pBwqI mhl w 1] (1329-16)	parbhaatee mehlāa 1.	Prabhaatee, First Mehl:
idsit ibkwrI bDin bNDYhai iqs kYbil j wel]	disat bikaaree banDhan baa ^N Dhai ha-o tis kai bal jaa-ee.	I am a sacrifice to that one who binds in bondage his evil and corrupted gaze.
ppp pth kl swr n j wxYBI w iPrY Aj wel]1]	paap punn kee saar na jaanai bhoolaa firai ajaa-ee. 1	One who does not know the difference between vice and virtue wanders around uselessly. 1
bd huscu nmu krqwr]	bolhu sach naam kartaar.	Speak the True Name of the Creator Lord.
Pin bhiV n Avvx vwr]1] rhwaI]	fun bahurh na aavan vaar. 1 rahaa-o.	Then, you shall never again have to come into this world. 1 Pause
alcw qyPin nlcu krqwhYnlc krY sil qwnu]	oochaa tay fun neech karat hai neech karai sultaan.	The Creator transforms the high into the low, and makes the lowly into kings.
ij nl j wxusj wixAw j ig qy pth prvwxu]2]	jinee jaan sujaani-aa jag tay pooray parvaan. 2	Those who know the All-knowing Lord are approved and certified as perfect in this world. 2
qw kau smJvwx j welAY j y ko BI w hel]	taa ka-o samjhaavan jaa-ee-ai jay ko bhoolaa ho-ee.	If anyone is mistaken and fooled, you should go to instruct him.
AwpY KJ krysB krqw Abw bWY keI]3]	aapay khayl karay sabh kartaa aisaa boojhai ko-ee. 3	The Creator Himself plays all the games; only a few understand this. 3
nwaupBwqI sbid iDAweIAY Cfhu dnI prIqw]	naa-o parbhaatai sabad Dhi-aa-ee- ai chhodahu dunee pareetaa.	Meditate on the Name, and the Word of the Shabad, in the early hours before dawn; leave your worldly entanglements behind.
p&viq nwnk dwsin dws w j ig hwirAw iqin j lqw]4]9]	paranvat naanak daasan daasaa jag haari-aa tin jeetaa. 4 9	Prays Nanak, the slave of God's slaves: the world loses, and he wins. 4 9