

jinee naam visaari-aa say hot daykhay khayh

ਮਾਰੂਮਹਲਾ ਵ 5] (1006-12)	maaroo mehlaa 5.	Maaroo, Fifth Mehl:
ਜਿ ਨਿ ਨਮੁ ਵਿਸਾਰਿ ਆ ਸਿ ਹਾਯੁ ਦਿ ਕ੍ਰਿ ਕ੍ਰਿ]	jinee naam visaari-aa say hot <u>daykhay khayh</u> .	Those who have forgotten the Naam, the Name of the Lord - I have seen them reduced to dust.
ਪੁਤਰਿ ਮਿਤਰਿ ਬਿਲਾਸ ਬਾਨਿਤਾ ਤੋਤਿ ਯੈ ਨਹਿ] 1]	putar mitar bilaas banitaa toottay ay nayh. 1	The love of children and friends, and the pleasures of married life are torn apart. 1
ਮੈਰਿ ਮਨਿ ਨਮੁ ਚਿੰਤਿ ਚਿੰਤਿ]	mayray man naam nit nit layh.	O my mind, continually, continuously chant the Naam, the Name of the Lord.
ਜਿ ਚਿ ਨਹਿ ਅਗਿ ਸਾਗਰਿ ਸੁਕ੍ਰਿ ਮਨਿ ਚਿੰਤਿ] 1] ਰਹਿ ਆ]	jalaṭ naahee agan saagar sookh man ṭan dayh. 1 rahaa-o.	You shall not burn in the ocean of fire, and your mind and body shall be blessed with peace. 1 Pause
ਬਿਰਕਿ ਚਿ ਆ ਜਿ ਬਿੰਬਿ ਪਵਿ ਜਿ ਚਿ]	birakh chhaa-i-aa jaisay binsat pavan jhoolaṭ mayh.	Like the shade of a tree, these things shall pass away, like the clouds blown away by the wind.
ਹਿਰਿ ਬਗਿ ਚਿ ਮਿਲਿ ਸਾਧਿ ਨਾਨਕਿ ਚਿੰਤਿ] 2] 2] 25]	har bhagat darirh mil saadh naanak ṭayrai kaam aavaṭ ayh. 2 2 25	Meeting with the Holy, devotional worship to the Lord is implanted within; O Nanak, only this shall work for you. 2 2 25