

gurmat_ virlaa boojhai ko-ay

gaWlI guAaryI mhl 3 (161-7)	ga-orhee gu-aarayree mehlaa 3.	Gauree Gwaarayree, Third Mehl:
ij nW girmik iDAwieAw iqn pCau j wie]	jinaa gurmukh Dhi-aa-i-aa tin poochha-o jaa-ay.	Go and ask the Gurmukhs, who meditate on the Lord.
gr syW qymnu pqlAwie]	gur sayvaa tay man patee-aa-ay.	Serving the Guru, the mind is satisfied.
syDnvkq hir nWmu kmwie]	say Dhanvant har naam kamaa-ay.	Those who earn the Lord's Name are wealthy.
plHy gr qy sWl pwie]1]	pooray gur tay sojhee paa-ay. 1	Through the Perfect Guru, understanding is obtained. 1
hir hir nWmu j phumry Bwel]	har har naam japahu mayray bhaa-ee.	Chant the Name of the Lord, Har, Har, O my Siblings of Destiny.
girmik syW hir GwI Qwie pwel]1] rhWau]	gurmukh sayvaa har ghaal thaa-ay paa-ee. 1 rahaa-o.	The Gurmukhs serve the Lord, and so they are accepted. 1 Pause
Awpu pCuxY mnu inrml u hie]	aap pachhaanai man nirmal ho-ay.	Those who recognize the self - their minds become pure.
j lvn mkiq hir pWV sie]	jeevan mukat har paavai so-ay.	They become Jivan-mukta, liberated while yet alive, and they find the Lord.
hir gx gwV miq alqm hie]	har gun gaavai mat ootam ho-ay.	Singing the Glorious Praises of the Lord, the intellect becomes pure and sublime,
shj yshij smWV sie]2]	sehjay sahj samaavai so-ay. 2	and they are easily and intuitively absorbed in the Lord. 2
djY Bwie n sjvAw j wie]	doojai bhaa-ay na sayvi-aa jaa-ay.	In the love of duality, no one can serve the Lord.
hamV mwieAw mhW ibKu Kwie]	ha-umai maa-i-aa mahaa bikh khaa-ay.	In egotism and Maya, they are eating toxic poison.
piq kutmb igth mohAw mwie]	put kutamb garihi mohi-aa maa-ay.	They are emotionally attached to their children, family and home.
mnmiK AIDW AwVj wie]3]	manmukh anDhaa aavai jaa-ay. 3	The blind, self-willed manmukhs come and go in reincarnation. 3
hir hir nWmu dyVj nu sie] Anidnu Bgiq gr sddl hie]	har har naam dayvai jan so-ay. an- din bhagat gur sabdee ho-ay.	Those, unto whom the Lord bestows His Name, worship Him night and day, through the Word of the Guru's Shabad.
girmiq ivrI W bWY kie]	gurmat virlaa boojhai ko-ay.	How rare are those who understand the Guru's Teachings!
nWnk nWim smWV sie]4]12]32]	naanak naam samaavai so-ay. 4 12 32	O Nanak, they are absorbed in the Naam, the Name of the Lord. 4 12 32