

mayray raam ham baarik har parabh kay hai i-aanay

gaWl bhwgix mhl w 4 ] (168-1)	ga-or <u>hee</u> bairaagan mehlaa 4.	Gauree Bairaagan, Fourth Mehl:
ij auj nni siqij ix pwl ql rWkY ndir mJwir ]	ji-o jannee sut jan paaltee raak <u>h</u> hai nadar maj <u>h</u> aar.	Just as the mother, having given birth to a son, feeds him and keeps him in her vision
Alqir bwhir miK dyigrwsuiknu iKnu pcwir ]	an <u>tar</u> baahar muk <u>h</u> day giraas <u>kh</u> in <u>kh</u> in pochaar.	- indoors and outdoors, she puts food in his mouth; each and every moment, she caresses him.
iqau siqgurugrisK rWkqw hir pliq ipAwir ]1]	ti-o satgur gursik <u>h</u> raak <u>h</u> -taa har pareet pi-aar.   1	In just the same way, the True Guru protects His GurSikhs, who love their Beloved Lord.   1
myrnm hm bwirk hir pB kyhl ieAwxy ]	mayray raam ham baarik har parab <u>h</u> kay hai i-aanay.	O my Lord, we are just the ignorant children of our Lord God.
Dhu Dhu guruguru siqgurupwDw ij in hir apdsu dykleyisAwxy ]1] rhau ]	<u>D</u> han <u>D</u> han guroo gur satgur paa <u>D</u> haa jin har up <u>d</u> ays <u>d</u> ay kee-ay si-aanay.   1   rahaa-o.	Hail, hail, to the Guru, the Guru, the True Guru, the Divine Teacher who has made me wise through the Lord's Teachings.   1  Pause
j lI ggin iPrhl afql kpribgy vwl I ]	jaisee gagan firan <u>tee</u> ood <u>tee</u> kapray baagay vaalee.	The white flamingo circles through the sky,
Eh rWkY clquplCYibic bcrying ihrdYswir smwl I ]	oh raak <u>h</u> hai cheet p <u>eech</u> hai bich bachray nit hird <u>ai</u> saar samaalee.	but she keeps her young ones in her mind; she has left them behind, but she constantly remembers them in her heart.
iqau siqgur isK pliq hir hir kl guruisK rKYj IA nwl I ]2]	ti-o satgur sikh pareet har har kee gur sikh rak <u>h</u> hai jee-a naalee.   2	In just the same way, the True Guru loves His Sikhs. The Lord cherishes His GurSikhs, and keeps them clasped to His Heart.   2
j lYkwql qls bqls hYivic rWkY rsnw mws rqukrI ]	jaisay kaat <u>ee</u> tees bat <u>ees</u> hai vich raak <u>h</u> hai rasnaa maas rat kayree.	Just as the tongue, made of flesh and blood, is protected within the scissors of the thirty-two teeth
kael j wxhwmws kwql kYikCu hwiQ hYsB vsqiq hYhir kyrI ]	ko-ee jaan <u>hu</u> maas kaat <u>ee</u> kai kich <u>h</u> haath hai sab <u>h</u> vasgat hai har kayree.	- who thinks that the power lies in the flesh or the scissors? Everything is in the Power of the Lord.
iqau sth j nw kl nr inWw krih hir rWkY pj j n kyrI ]3]	ti-o sant janaa kee nar nind <u>aa</u> karahi har raak <u>h</u> hai paj jan kayree.   3	In just the same way, when someone slanders the Saint, the Lord preserves the honor of His servant.   3

<p>Bwēl mǝ kēl j ʷxhuiksl kʷikCū hwiQ hʷsB krykrwieAw ]</p>	<p>b<sub>h</sub>aa-ee maṭ ko-ee jaanhu kisee kai kichh haath hai sabh karay karaa-i-aa.</p>	<p>O Siblings of Destiny, let none think that they have any power. All act as the Lord causes them to act.</p>
<p>j rʷ mʷ qʷpʷisriq sʷpʷsBʷhir kʷvis hʷkēl l wīg n skʷibnʷhir kʷ l wieAw ]</p>	<p>jaraa maraa taap sirat saap sabh har kai vas hai ko-ee laag na sakai bin har kaa laa-i-aa.</p>	<p>Old age, death, fever, poisons and snakes - everything is in the Hands of the Lord. Nothing can touch anyone without the Lord's Order.</p>
<p>Aʷsʷ hir nʷmʷmin iciq iniq iDAʷvhu j n nʷnk j oAʷl Aaʷsir l eyCfʷieAw ]4]7]13]51]</p>	<p>aisaa har naam man chit nit Dhi- aavahu jan naanak jo antee a-osar la-ay chhadaa-i-aa.   4  7  13  51  </p>	<p>Within your conscious mind, O servant Nanak, meditate forever on the Name of the Lord, who shall deliver you in the end.   4  7  13  51  </p>