

saar samaalai niṯ paratīpaalai paraym sahiṯ gal laavai

sriT mhl 5] (617-12)	sorath mehlāa 5.	Sorat'h, Fifth Mehl:
j k' ismrix sB kC p ₁ elA ibrQl GwI n j ₁ el]	jaa kai simran sabh kachh paa-ee-ai birthee ghaal na jaa-ee.	Meditating in remembrance on Him, all things are obtained, and one's efforts shall not be in vain.
iqs pB iqA ₁ ig Avr kq r ₁ ch j ₁ sB mih rihA ₁ sm ₁ el]1]	tis parabh ti-aag avar kat raachahu jo sabh meh rahi-aa samaa-ee. 1	Forsaking God, why do you attach yourself to another? He is contained in everything. 1
hir hir ismrh sq gp ₁ lw]	har har simrahu sant gopaalaa.	O Saints, meditate in remembrance on the World-Lord, Har, Har.
s ₁ Dsig imil n ₁ m iDA ₁ vh prn hv GwIw]1] rhwa]	saaDhsang mil naam Dhi-aavahu pooran hovai ghaalaa. 1 rahaa-o.	Joining the Saadh Sangat, the Company of the Holy, meditate on the Naam, the Name of the Lord; your efforts shall be rewarded. 1 Pause
s ₁ ir sm ₁ l iniq piqp ₁ l pm sihq gi l ₁ v]	saar samaalai niṯ paratīpaalai paraym sahiṯ gal laavai.	He ever preserves and cherishes His servant; with Love, He hugs him close.
kh n ₁ nk pB qmr ibsrq jgq jlvn ks p ₁ v]2]4]32]	kaho naanak parabh tumray bisrat jagat jeevan kaisay paavai. 2 4 32	Says Nanak, forgetting You, O God, how can the world find life? 2 4 32