

jap man raam naam nistaaraa

bI <sup>m</sup> VI mhl w 4 ] (720-2)	bairaaree mehlaa 4.	Bairaaree, Fourth Mehl:
j ip mn rwm nmuinsqwrw ]	jap man raam naam nistaaraa.	Chant the Name of the Lord, O mind, and you shall be emancipated.
kot kota <sup>t</sup> ar kyp <sup>p</sup> siB Kwlhir Bvj I upir aqwrw ]1] rhwai]	kot kotan <sup>t</sup> ar kay paap sabh khovai har bhavjal paar u <sup>t</sup> aaraa.   1   rahaa-o.	The Lord shall destroy all the sins of millions upon millions of incarnations, and carry you across the terrifying world-ocean.   1   Pause
kwieA <sup>w</sup> ngir bsq hir sA <sup>m</sup> l hir inrBauinrvh inr <sup>k</sup> rw ]	kaa-i-aa nagar basat har su-aamee har nirbha-o nirvair nirankaaraa.	In the body-village, the Lord Master abides; the Lord is without fear, without vengeance, and without form.
hir inkit bsq kCundir n A <sup>m</sup> l hir I D <sup>w</sup> gir vlc <sup>w</sup> ]1]	har nikat basat kachh nadar na aavai har laaDhaa gur veechaaraa.   1	The Lord is dwelling near at hand, but He cannot be seen. By the Guru's Teachings, the Lord is obtained.   1
hir Awpy <sup>s</sup> h <sup>w</sup> srwPurqn <sup>w</sup> hlrw hir Awip kIA <sup>w</sup> pws <sup>w</sup> ]	har aapay saahu saraaf ratan heeraa har aap kee-aa paasaaraa.	The Lord Himself is the banker, the jeweller, the jewel, the gem; the Lord Himself created the entire expanse of the creation.
nank ij suik <sup>p</sup> w kry <sup>s</sup> uhir nmu ivh <sup>w</sup> Jy so <sup>s</sup> hwsc <sup>w</sup> vxj wrw ]2]4]	naanak jis kirpaa karay so har naam vihaajhay so saahu sachaa vanjaaraa.   2  4	O Nanak, one who is blessed by the Lord's Kind Mercy, trades in the Lord's Name; He alone is the true banker, the true trader.   2  4