ja<u>t</u> sa<u>t</u> sanjam saach dri<u>rh</u>-aa-i-aa saach saba<u>d</u> ras lee<u>n</u>aa

rwmklldKxlmhlw1] (907-5)	raamkalee <u>d</u> akh-nee mehlaa 1.	Raamkalee, Dakhanee, First Mehl:
j qusqus∭ muswcuidNwieAw swc sbid ris llxw]1]	ja <u>t</u> sa <u>t</u> sanjam saach dri <u>rh</u> -aa-i-aa saach saba <u>d</u> ras lee <u>n</u> aa. 1	Abstinence, chastity, self-control and truthfulness have been implanted within me; I am imbued with the sublime essence of the True Word of the Shabad. 1
myrw gurudieAwlusdw rNg llxw]	mayraa gur <u>d</u> a-i-aal sa <u>d</u> aa rang lee <u>n</u> aa.	My Merciful Guru remains forever imbued with the Lord's Love.
Aihinis rhYejk il v I wgl swcy dÿK pqlxw]1] rhwau]	ahinis rahai ayk liv laagee saachay daykh pateenaa. 1 rahaa-o.	Day and night, He remains lovingly focused on the One Lord; gazing upon the True Lord, He is pleased. 1 Pause
rhlggn pir idlisit smlsir Anhq sbid rliglxw]2]	rahai gagan pur <u>d</u> arisat samaisar anha <u>t</u> saba <u>d</u> rangee <u>n</u> aa. 2	He abides in the Tenth Gate, and looks equally upon all; He is imbued with the unstruck sound current of the Shabad. 2
squbND kupln Birpur I lxw ij hvw rNg rslxw]3]	sa <u>t</u> ban <u>Dh</u> kupeen <u>bh</u> aripur lee <u>n</u> aa jihvaa rang rasee <u>n</u> aa. 3	Wearing the loin-cloth of chastity, He remains absorbed in the all-pervading Lord; His tongue enjoys the taste of God's Love. 3
iml Ygır swcyij in rcurwcyikrqu vlcwir pqlxw]4]	milai gur saachay jin rach raachay kira <u>t</u> veechaar pa <u>t</u> ee <u>n</u> aa. 4	The One who created the creation has met the True Guru; contemplating the Guru's lifestyle, He is pleased. 4
ejk mih srb srb mih ejkw ejh siqgir djK idKwel]5]	ayk meh sarab sarab meh aykaa ayh sa <u>tg</u> ur <u>d</u> ay <u>kh</u> <u>d</u> i <u>kh</u> aa-ee. 5	All are in the One, and the One is in all. This is what the True Guru has shown me. 5
ijin kleyKMfmMfl bhmMfwsopBu IKnunjwel]6]	jin kee-ay <u>kh</u> and mandal barahmandaa so para <u>bh</u> la <u>kh</u> an na jaa-ee. 6	He who created the worlds, solar systems and galaxies - that God cannot be known. 6
dlpk qydlpkuprgwisAw iqBvx j iq idKwel]7]	deepak tay deepak pargaasi-aa taribhavan jot dikhaa-ee. 7	From the lamp of God, the lamp within is lit; the Divine Light illuminates the three worlds. 7
scYqKiq sc mhllb¶yinrBau qwVllwel]8]	sachai <u>takhat</u> sach mahlee bai <u>th</u> ay nir <u>bh</u> a-o <u>t</u> aa <u>rh</u> ee laa-ee. 8	The Guru sits on the true throne in the true mansion; He is attuned, absorbed in the Fearless Lord. 8
mih gie An b\rugljogl Git Git ik\lgurl vuel]9]	mohi ga-i-aa bairaagee jogee <u>gh</u> at <u>gh</u> at kinguree vaa-ee. 9	The Guru, the detached Yogi, has enticed the hearts of all; He plays His harp in each and every heart. 9
nwnk srix pBUkl CUtysiqgur scusKwel]10]8]	naanak sara <u>n</u> para <u>bh</u> oo kee <u>chh</u> ootay sa <u>t</u> gur sach sa <u>kh</u> aa-ee. 10 8	O Nanak, in God's Sanctuary, one is emancipated; the True Guru becomes our true help and support. 10 8