

rog dokh gur sabad nivaaray

B'raumhl ॥ 5] (1147-19)	<u>b</u> hairo mehlāa 5.	Bhairao, Fifth Mehl:
gur imil iqAwigE dJ ॥ B'rau]	gur mil tī-aagi-o doojaa <u>b</u> haa-o.	Meeting with the Guru, I have forsaken the love of duality.
gurmik j ipE hir k ॥ n'rau]	gurmukh japi-o har kaa naa-o.	As Gurmukh, I chant the Name of the Lord.
ibsrī iclq n'rim r'lyul ॥ gw]	bisree chint naam rang laagaa.	My anxiety is gone, and I am in love with the Naam, the Name of the Lord.
j nm j nm k ॥ sieA ॥ j ॥ gw] 1]	janam janam kaa so-i-aa jaagaa. 1	I was asleep for countless lifetimes, but I have now awakened. 1
kir ikrp ॥ Apnl sy ॥ l ॥ wey]	kar kirpaa apnee sayvaa laa-ay.	Granting His Grace, He has linked me to His service.
s ॥ D ॥ s ॥ l ॥ g ॥ srb s ॥ k ॥ p ॥ wey] 1] r'huau]	saa <u>D</u> hoo sang sarab sukh paa-ay. 1 rahaa-o.	In the Saadh Sangat, the Company of the Holy, all pleasures are found. 1 Pause
rg dK gr sbid inviry]	rog <u>dokh</u> gur sabad <u>nivaaray</u> .	The Word of the Guru's Shabad has eradicated disease and evil.
n'rim AaKDumn Blqir s'ry]	naam a-ukha <u>Dh</u> man <u>b</u> heetar saaray.	My mind has absorbed the medicine of the Naam.
gur B'ytq min BieA ॥ Anp]	gur <u>b</u> haytaṭ man <u>b</u> ha-i-aa anand.	Meeting with the Guru, my mind is in bliss.
srb inD ॥ n'rim Bgv ॥ lq] 2]	sarab ni <u>D</u> haan naam <u>b</u> hagvant. 2	All treasures are in the Name of the Lord God. 2
j nm mrx kl imtl j m qls]	janam maran kee mitee jam taraas.	My fear of birth and death and the Messenger of Death has been dispelled.
s ॥ D ॥ s ॥ l ॥ g ॥ iq a ॥ D ॥ kml ॥ ibg ॥ s]	saa <u>D</u> hsangat oo ^N <u>Dh</u> kamal bigaas.	In the Saadh Sangat, the inverted lotus of my heart has blossomed forth.
gx gwvq inhcl uibslm]	gun gaavaṭ nihchal bisraam.	Singing the Glorious Praises of the Lord, I have found eternal, abiding peace.
p'ln heysgl yk ॥ m] 3]	pooran ho-ay saglay kaam. 3	All my tasks are perfectly accomplished. 3
dl B dh Aiel prvnu]	<u>d</u> ulabh <u>d</u> ayh aa-ee parvaan.	This human body, so difficult to obtain, is approved by the Lord.
sPl hel j ip hir hir n'rim]	safal ho-ee jap har har naam.	Chanting the Name of the Lord, Har, Har, it has become fruitful.
khunink p ॥ B ॥ ikrp ॥ krl]	kaho naanak parab <u>h</u> kirpaa karee.	Says Nanak, God has blessed me with His Mercy.
s ॥ w ॥ s ॥ ignis j pauhir hrl] 4] 29] 42]	saas giraas japa-o har haree. 4 29 42	With every breath and morsel of food, I meditate on the Lord, Har, Har. 4 29 42