

gur mil tī-aagi-o doojaa bhaa-o

B'raumhl w 5] (1147-19)	bhairo mehlāa 5.	Bhairao, Fifth Mehl:
gur imil iqAwigE dJ w Bvau]	gur mil tī-aagi-o doojaa bhaa-o.	Meeting with the Guru, I have forsaken the love of duality.
gurmīK j ipE hir kī nīau]	gurmukh japi-o har kaa naa-o.	As Gurmukh, I chant the Name of the Lord.
ibsrI iclq nīm rīgūl wgw]	bisree chint̄ naam rang laagaa.	My anxiety is gone, and I am in love with the Naam, the Name of the Lord.
j nm j nm kī sieA w j wgw] 1]	janam janam kaa so-i-aa jaagaa. 1	I was asleep for countless lifetimes, but I have now awakened. 1
kir ikrp w Apnl syw l wey]	kar kirpaa apnee sayvaa laa-ay.	Granting His Grace, He has linked me to His service.
sīDīslīg srb sīK pīey] 1] rhīau]	saaDhoo sang sarab sukh paa-ay. 1 rahaa-o.	In the Saadh Sangat, the Company of the Holy, all pleasures are found. 1 Pause
rg dK gr sbid invīry]	rog dokh gur sabad̄ nivaaray.	The Word of the Guru's Shabad has eradicated disease and evil.
nīm AaKDūmn Blqir sīry]	naam a-ukhaDh man bheetar saaray.	My mind has absorbed the medicine of the Naam.
gur Bjtq min BieA w Anp]	gur bhaytaṭ man bha-i-aa anand.	Meeting with the Guru, my mind is in bliss.
srb inDīn nīm Bgvīq] 2]	sarab niDhaan naam bhagvant̄. 2	All treasures are in the Name of the Lord God. 2
j nm mrx kl imtl j m qls]	janam maraṅ kee mitee jam taraas.	My fear of birth and death and the Messenger of Death has been dispelled.
sīDīslīq aīD kml ibgīs]	saaDhsangat̄ oo ^N Dh kamal bigaas.	In the Saadh Sangat, the inverted lotus of my heart has blossomed forth.
gīx gīvq inhcl uībsīm]	gun gaavaṭ nihchal bisraam.	Singing the Glorious Praises of the Lord, I have found eternal, abiding peace.
pl'n hēysgl ykīm] 3]	pooran ho-ay saglay kaam. 3	All my tasks are perfectly accomplished. 3
dī B dh Aīel prvīnu]	dulabh̄ dayh aa-ee parvaan.	This human body, so difficult to obtain, is approved by the Lord.
sPI hēl j ip hir hir nīmu]	safal ho-ee jap har har naam.	Chanting the Name of the Lord, Har, Har, it has become fruitful.
khunīnk pīB ikrp w krl]	kaho naanak parabh̄ kirpaa karee.	Says Nanak, God has blessed me with His Mercy.
sīs igrīs j pauhir hrl] 4] 29] 42]	saas giraas japa-o har haree. 4 29 42	With every breath and morsel of food, I meditate on the Lord, Har, Har. 4 29 42