

satgur apunay ka-o kurbaanee

gaMl mhl 5] (187-9)	ga-orhee mehlaa 5.	Gauree, Fifth Mehl:
gur ky crx albir mayr mQy]	gur kay charan oopar mayray maathay.	I place the Guru's Feet on my forehead,
q q dK mayr sgl y l wQy]1]	taa tay <u>dukh</u> mayray saglay laathay. 1	and all my pains are gone. 1
siqgir Apny kau kirbiwl]	satgur apunay ka-o kurbaanee.	I am a sacrifice to my True Guru.
Aqm clin prm nq mnwl]1] rhwai]	aatam cheen param rang maanee. 1 rahaa-o.	I have come to understand my soul, and I enjoy supreme bliss. 1 Pause
crx rxugir kl miK l wgl]	charan rayn gur kee mukh laagee.	I have applied the dust of the Guru's Feet to my face,
AhbiD iqin sgl iqAwgl]2]	aha ^N -buDh tin sagal ti-aagee. 2	which has removed all my arrogant intellect. 2
gur kw sbdwl gomin mlTw]	gur kaa sabad lago man meethaa.	The Word of the Guru's Shabad has become sweet to my mind,
pwrbhmuqw qymih fITw]3]	paarbarahm taa tay mohi deethaa. 3	and I behold the Supreme Lord God. 3
grusKdliqw grukrqwru]	gur sukh-daata gur kartaar.	The Guru is the Giver of peace; the Guru is the Creator.
j IA plx nnk gruAwdwru]4]38]107]	jee-a paraan naanak gur aaDhaar. 4 38 107	O Nanak, the Guru is the Support of the breath of life and the soul. 4 38 107