

kaa-i-aa barahmaa man hai Dhotee

| | | |
|--|---|---|
| Awsihl w 1] (355-2) | aasaa mehlaa 1. | Aasaa, First Mehl: |
| kwieAw bhmm mnuhYDql] | kaa-i-aa barahmaa man hai <u>Dhot</u> ee. | Let the body be the Brahmin, and let the mind be the loin-cloth; |
| igAnnuj njalidAnnu kspuql] | gi-aan janay-oo <u>Dhi</u> -aan kuspaate. | let spiritual wisdom be the sacred thread, and meditation the ceremonial ring. |
| hir nmm j suj wcaunwau] | har naamaa jas jaacha-o naa-o. | I seek the Name of the Lord and His Praise as my cleansing bath. |
| gur prswdl bhim smwau]1] | gur parsaa ^{de} barahm samaa-o. 1 | By Guru's Grace, I am absorbed into God. 1 |
| pWfyAkw bhm bclwru] | paa ^N day aisaa barahm beechaar. | O Pandit, O religious scholar, contemplate God in such a way |
| nmysic nimo pVau nmycj u Awcru]1] rhwau] | naamay such naamo par <u>ha</u> -o naamay chaj aachaar. 1 rahaa-o. | that His Name may sanctify you, that His Name may be your study, and His Name your wisdom and way of life. 1 Pause |
| bwhir j njalij cru j iq hYnwil] | baahar janay-oo jichar jo <u>t</u> hai naal. | The outer sacred thread is worthwhile only as long as the Divine Light is within. |
| Dql itkw nmm smwil] | <u>Dhot</u> ee tikaa naam samaal. | So make the remembrance of the Naam, the Name of the Lord, your loin-cloth and the ceremonial mark on your forehead. |
| AQYEQVinbhl nwil] | aithai othai nibhee naal. | Here and hereafter, the Name alone shall stand by you. |
| ivxunwYhior krm n Bwil]2] | vin naavai hor karam na <u>bha</u> al. 2 | Do not seek any other actions, except the Name. 2 |
| pj w ptn mieAw prj wil] | poojaa paraym maa-i-aa parjaal. | Worship the Lord in loving adoration, and burn your desire for Maya. |
| ekovkhu Avrun Bwil] | ayko vay <u>kh</u> hu avar na <u>bha</u> al. | Behold only the One Lord, and do not seek out any other. |
| clnqquggn ds duAr] | cheen ^H ai ta <u>t</u> gagan <u>das du</u> -aar. | Become aware of reality, in the Sky of the Tenth Gate; |
| hir miK pWT pVbclwru]3] | har muk <u>h</u> paath par <u>ha</u> i beechaar. 3 | read aloud the Lord's Word, and contemplate it. 3 |
| Bj nu Bwau Brmu Bau Bwgl] | <u>bho</u> jan <u>bha</u> a-o <u>bh</u> aram <u>bha</u> -o <u>bha</u> agai. | With the diet of His Love, doubt and fear depart. |

