kaa-i-aa an<u>d</u>ar jagjeevan <u>d</u>aa<u>t</u>aa vasai sa<u>bh</u>naa karay par<u>t</u>ipaalaa

s h l mhl w 3] (754-5)	soohee mehlaa 3.	Soohee, Third Mehl:
kwieAw kwmix Aiq suAwil @uipru vsYij sunwly]	kaa-i-aa kaama <u>n</u> a <u>t</u> su-aaliha-o pir vasai jis naalay.	The body-bride is very beautiful; she dwells with her Husband Lord.
ipr scyqysdw s h wgix gr kw sbdusm#ly]	pir sachay <u>t</u> ay sa <u>d</u> aa suhaaga <u>n</u> gur kaa saba <u>d</u> sam ^H aalay.	She becomes the happy soul-bride of her True Husband Lord, contemplating the Word of the Guru's Shabad.
hir kl Bgiq sdw rNg rwqw ham/ ivchujwly]1]	har kee <u>bh</u> aga <u>t</u> sa <u>d</u> aa rang raa <u>t</u> aa ha-umai vichahu jaalay. 1	The Lord's devotee is forever attuned to the Lord's Love; her ego is burnt away from within. 1
vwhu vwhu ptry gir kl bwxl]	vaahu vaahu pooray gur kee ba <u>n</u> ee.	Waaho! Waaho! Blessed, blessed is the Word of the Perfect Guru's Bani.
phygr qyapjlswic smuxl]1] rhwau]	pooray gur <u>t</u> ay upjee saach samaa <u>n</u> ee. 1 rahaa-o.	It wells up and springs forth from the Perfect Guru, and merges into Truth. 1 Pause
kwieAw AMdir sBuikCuvsYKMF mMFl pwqwlw]	kaa-i-aa an <u>d</u> ar sa <u>bh</u> ki <u>chh</u> vasai <u>kh</u> and mandal paa <u>t</u> aalaa.	Everything is within the Lord - the continents, worlds and nether regions.
kwieAw AMdir j gj lvn dwqw vsY sBnw krypNqpwl w]	kaa-i-aa an <u>d</u> ar jagjeevan <u>d</u> aa <u>t</u> aa vasai sa <u>bh</u> naa karay par <u>t</u> ipaalaa.	The Life of the World, the Great Giver, dwells within the body; He is the Cherisher of all.
kwieAw kwmix sdw shyll gurmiK nwmusm#lw]2]	kaa-i-aa kaama <u>n</u> sa <u>d</u> aa suhaylee gurmu <u>kh</u> naam sam ^H aalaa. 2	The body-bride is eternally beautiful; the Gurmukh contemplates the Naam. 2
kwieAw AMdir AwpyvsYAlKun liKAwjwel]	kaa-i-aa an <u>d</u> ar aapay vasai ala <u>kh</u> na la <u>kh</u> i-aa jaa-ee.	The Lord Himself dwells within the body; He is invisible and cannot be seen.
mnmKumgDubWYnwhlbwhir Bwlixjwel]	manmu <u>kh</u> muga <u>Dh</u> booj <u>h</u> ai naahee baahar <u>bh</u> aala <u>n</u> jaa-ee.	The foolish self-willed manmukh does not understand; he goes out searching for the Lord externally.
siqgıru sıvysdw sıKupweysiqgir Al Kuidqw I Kwel]3]	sa <u>tg</u> ur sayvay sa <u>d</u> aa su <u>kh</u> paa-ay sa <u>tg</u> ur ala <u>kh</u> <u>d</u> i <u>t</u> aa la <u>kh</u> aa-ee. 3	One who serves the True Guru is always at peace; the True Guru has shown me the Invisible Lord. 3
kwieAw AMdir rqn pdwrQ Bgiq BryBMFwrw]	kaa-i-aa an <u>d</u> ar ra <u>t</u> an pa <u>d</u> aarath <u>bh</u> aga <u>t</u> <u>bh</u> aray <u>bh</u> andaaraa.	Within the body there are jewels and precious treasures, the over-flowing treasure of devotion.
iesukwieAw AMdir naKMF ipMoml hwt ptx bwj wrw]	is kaa-i-aa an <u>d</u> ar na-u <u>kh</u> and parithmee haat pata <u>n</u> baajaaraa.	Within this body are the nine continents of the earth, its markets, cities and streets.

iesukwieAw Aldir nwmunauiniD pwelAYgr kYsbid vlcwrw]4]	is kaa-i-aa an <u>d</u> ar naam na-o ni <u>Dh</u> paa-ee-ai gur kai saba <u>d</u> veechaaraa. 4	Within this body are the nine treasures of the Naam; contemplating the Word of the Guru's Shabad, it is obtained. 4
kwieAw Aldir qil qulwvYAwpy qd xhwrw]	kaa-i-aa an <u>d</u> ar <u>t</u> ol <u>t</u> ulaavai aapay <u>t</u> ola <u>n</u> haaraa.	Within the body, the Lord estimates the weight; He Himself is the weigher.
iehumnurqnuj vwhr mwxkuiqs kw md uAPwrw]	ih man ra <u>t</u> an javaahar maa <u>n</u> ak <u>t</u> is kaa mol afaaraa.	This mind is the jewel, the gem, the diamond; it is absolutely priceless.
mil ikq hl nwmu pwelAY nwhl nwmu pwelAYgr blowrw]5]	mol ki <u>t</u> hee naam paa-ee-ai naahee naam paa-ee-ai gur beechaaraa. 5	The Naam, the Name of the Lord, cannot be purchased at any price; the Naam is obtained by contemplating the Guru. 5
grmiK hwYsukwieAw Kg Yhr sB Brim Bu wel]	gurmu <u>kh</u> hovai so kaa-i-aa <u>kh</u> ojai hor sa <u>bh</u> <u>bh</u> aram <u>bh</u> ulaa-ee.	One who becomes Gurmukh searches this body; all others just wander around in confusion.
ijs nodje selj nupuvYhr ikAw kokrycqrwel]	jis no <u>d</u> ay-ay so-ee jan paavai hor ki-aa ko karay cha <u>t</u> uraa-ee.	That humble being alone obtains it, unto whom the Lord bestows it. What other clever tricks can anyone try?
kwieAw Aldir BauBwauvsYgr prswdl pwel]6]	kaa-i-aa an <u>d</u> ar <u>bh</u> a-o <u>bh</u> aa-o vasai gur parsaadee paa-ee. 6	Within the body, the Fear of God and Love for Him abides; by Guru's Grace, they are obtained. 6
kwieAw Aldir blamw ibsnumhysw sB Epiq ij qusllswrw]	kaa-i-aa an <u>d</u> ar barahmaa bisan mahaysaa sa <u>bh</u> opa <u>t</u> ji <u>t</u> sansaaraa.	Within the body, are Brahma, Vishnu and Shiva, from whom the whole world emanated.
scYAwpxw Ky urcwieAw Awvw gawupwswrw]	sachai aap <u>n</u> aa <u>kh</u> ayl rachaa-i-aa aavaa ga-o <u>n</u> paasaaraa.	The True Lord has staged and contrived His own play; the expanse of the Universe comes and goes.
ptysiqgir Awip idKwieAw sic nwim insqwrw]7]	poorai sa <u>tg</u> ur aap <u>dikh</u> aa-i-aa sach naam nis <u>t</u> aaraa. 7	The Perfect True Guru Himself has made it clear, that emancipation comes through the True Name. 7
sw kwieAwjosiqgurusyvYscY Awip svwrl]	saa kaa-i-aa jo sa <u>tg</u> ur sayvai sachai aap savaaree.	That body, which serves the True Guru, is embellished by the True Lord Himself.
ivxunwvYdir Felnwhlqwjmu kryKuAwrl]	vi <u>n</u> naavai <u>d</u> ar <u>dh</u> o-ee naahee <u>t</u> aa jam karay <u>kh</u> u-aaree.	Without the Name, the mortal finds no place of rest in the Court of the Lord; he shall be tortured by the Messenger of Death.
nwnk scuvifAwel pweyijs no hir ikrpw Dwrl]8]2]	naanak sach vadi-aa-ee paa-ay jis no har kirpaa <u>Dh</u> aaree. 8 2	O Nanak, true glory is bestowed, when the Lord showers His Mercy. 8 2