

baras ghanaa mayraa man bheena

ml wr mhl w 1] (1254-9)	malaar mehlaa 1.	Malaar, First Mehl:
krauibnaugir Apnyplqm hir vruAwix iml wV]	kara-o bin-o gur apnay pareetam har var aan milaavai.	I offer prayers to my Beloved Guru, that He may unite me with my Husband Lord.
six Gn Gr slq umnumrw l w rql gx gwV]1]	sun <u>gh</u> an <u>gh</u> or seeetal man moraa laal ratee gun gaavai. 1	I hear the thunder in the clouds, and my mind is cooled and soothed; imbued with the Love of my Dear Beloved, I sing His Glorious Praises. 1
brsuGnw myrw mnuBlw]	baras <u>gh</u> anaa mayraa man <u>b</u> heena.	The rain pours down, and my mind is drenched with His Love.
Alitq bll shwnt hArYgir mhl mnuhir ris l lw]1] rhwau]	amrit boond suhaanee hee-arai gur mohee man har ras leena. 1 rahaa-o.	The drop of Ambrosial Nectar pleases my heart; the Guru has fascinated my mind, which is drenched in the sublime essence of the Lord. 1 Pause
shij skl vr kumix ipAwrl ij su gir bcnl mnuwinaAw]	sahj sukhee var kaaman pi-aaree jis gur bachnee man maani-aa.	With intuitive peace and poise, the soul-bride is loved by her Husband Lord; her mind is pleased and appeased by the Guru's Teachings.
hir vir nwir Bel shwix min qin pmsKwinAw]2]	har var naar <u>b</u> ha-ee sohagan man tan paraym sukhaani-aa. 2	She is the happy soul-bride of her Husband Lord; her mind and body are filled with joy by His Love. 2
Avgx iqAwig Bel bhwgin AsiQruvrushwghrl]	avgan ti-aag <u>b</u> ha-ee bairaagan asthir var sohaag haree.	Discarding her demerits, she becomes detached; with the Lord as her Husband, her marriage is eternal.
sguivj guiqsukdyn ivAwpyhir plB Apxl ikrpw krl]3]	sog vijog tis kaday na vi-aapai har parabh apnee kirpaa karee. 3	She never suffers separation or sorrow; her Lord God showers her with His Grace. 3
Awvx j wxuhl mnuinhcl uply gir kl Et gh]	aavan jaan nahee man nihchal pooray gur kee ot gahee.	Her mind is steady and stable; she does not come and go in reincarnation.
nwnk rwn nwmj ip gurmik Dnu shwix scushl]4]2]	naanak raam naam jap gurmukh <u>D</u> han sohagan sach sahee. 4 2	She takes the Shelter of the Perfect Guru. O Nanak, as Gurmukh, chant the Naam; you shall be accepted as the true soul-bride of the Lord. 4 2