

kar kar tahal rasnaa gun gaava-o

gaVI mhl 5] (189-19)	ga-or ^h ee mehlāa 5.	Gauree, Fifth Mehl:
kr kir thl rsn gx gva]	kar kar tahal rasnaa gun gaava-o.	With my hands I do His work; with my tongue I sing His Glorious Praises.
crn Tk ^r k m ^r ig D ⁱ va]1]	charan <u>th</u> aakur kai maarag <u>D</u> haava-o. 1	With my feet, I walk on the Path of my Lord and Master. 1
B ⁱ sm ismrn kl brIA]	<u>b</u> halo samo simran kee baree-aa.	It is a good time, when I remember Him in meditation.
ismrq n ^m B p ^w ir aq ^r IA]1] rha]	simra ^t naam <u>b</u> hai paar u ^t ree-aa. 1 rahaa-o.	Meditating on the Naam, the Name of the Lord, I cross over the terrifying world-ocean. 1 Pause
nq ^r sqn k ^w drsn pK]	nay ^t ar san ^t an kaa <u>d</u> arsan pay ^k h.	With your eyes, behold the Blessed Vision of the Saints.
pB Aivn ^s l mn mih IK]2]	para ^b h avinaasee man meh lay ^k h. 2	Record the Immortal Lord God within your mind. 2
six klrq ⁿ s ^w D pih j ^w ie]	sun keert ^a n saa ^D h ^e peh jaa-ay.	Listen to the Kirtan of His Praises, at the Feet of the Holy.
jnm mrx kl q ^w s im ^t wie]3]	janam mara ⁿ kee <u>t</u> araas mitaa-ay. 3	Your fears of birth and death shall depart. 3
crx km ⁱ Tk ^r air D ^w ir]	chara ⁿ kamal <u>th</u> aakur ur <u>D</u> haar.	Enshrine the Lotus Feet of your Lord and Master within your heart.
d ⁱ B dh n ^w nk insq ^w ir]4]51]120]	<u>d</u> ulab ^h <u>d</u> ayh naanak nistaar. 4 51 120	Thus this human life, so difficult to obtain, shall be redeemed. 4 51 120