

har bin ki-o rahee-ai dukh bi-aapai

ਸ੍ਰੰਗ ਮਹਿ ੴ 1] (1197-9)	saarag mehlāa 1.	Saarang, First Mehl:
hir ibnuikaaurhIAIdKuibAwpY]	har bin ki-o rahee-ai <u>dukh</u> bi-aapai.	How can I survive without the Lord? I am suffering in pain.
ij hvw swidun PIKl rs ibnuibnu pB kwI ushwpY]1] rhwau]	jihvaa saad na feekee ras bin bin parabh kaal santāapai. 1 rahaa- o.	My tongue does not taste - all is bland without the Lord's sublime essence. Without God, I suffer and die. 1 Pause
j b I gudrsun prsY plqm qb I guBK ipAwtl]	jab lag <u>daras</u> na parsai pareetam tab lag <u>bhookh</u> pi-aasee.	As long as I do not attain the Blessed Vision of my Beloved, I remain hungry and thirsty.
drsnudKq hl mnu minAw j I ris kml ibgwtl]1]	<u>darshan</u> <u>daykhat</u> hee man maani-aa jal ras kamal bigaasee. 1	Gazing upon the Blessed Vision of His Darshan, my mind is pleased and appeased. The lotus blossoms forth in the water. 1
athiv Gnhrugrj YbrsY kiki mor bhwtl]	oonav <u>ghanhar</u> garjai barsai kokil mor bairaagai.	The low-hanging clouds crack with thunder and burst. The cuckoos and the peacocks are filled with passion,
qrvr ibrK ibhty BieAhty Gir ipruDn shwtl]2]	tarvar birakh bihang <u>bhu</u> -I-angam <u>ghar</u> pir <u>Dhan</u> sohaagai. 2	along with the birds in the trees, the bulls and the snakes. The soul-bride is happy when her Husband Lord returns home. 2
kiicl kirip knwir kil knl ipr kw shj un j winAw]	kuchil kuroop kunaar kulakhnee pir kaa sahj na jaani-aa.	She is filthy and ugly, unfeminine and ill-mannered - she has no intuitive understanding of her Husband Lord.
hir rs rltg rsn nhl iqbpql dirmiq dK smwinAw]3]	har ras rang rasan nahee <u>tariptee</u> <u>durmat</u> <u>dookh</u> samaani-aa. 3	She is not satisfied by the sublime essence of her Lord's Love; she is evil-minded, immersed in her pain. 3
Awie n j wvYnw dKu pwtYnw dK drdu srly]	aa-ay na jaavai naa <u>dukh</u> paavai naa <u>dukh</u> <u>darad</u> sareeray.	The soul-bride does not come and go in reincarnation or suffer in pain; her body is not touched by the pain of disease.
nwnk pB qyshj shY I pB dKq hl mnuDlry]4]2]	naanak parabh <u>tay</u> sahj suhaylee parabh <u>daykhat</u> hee man <u>Dheeray</u> . 4 2	O Nanak, she is intuitively embellished by God; seeing God, her mind is encouraged. 4 2