

man japee-ai har jagdees

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| Dnwsrl mhl w 4] (669-5) | Dhanaasree mehlāa 4. | Dhanaasaree, Fourth Mehl: |
| hir pVuhir il Kuhir j ip hir gwaahir Baj l upwir aqwr l] | har parh har likh har jap har gaa-o har bha-ojal paar uṭaaree. | Read about the Lord, write about the Lord, chant the Lord's Name, and sing the Lord's Praises; the Lord will carry you across the terrifying world-ocean. |
| min bcin irdYiDAwie hir hie sṭṭstueiv Bxu hir nwmu murwr l]1] | man bachan ridai Dhi-aa-ay har ho-ay santusat iv bhan har naam muraaree. 1 | In your mind, by your words, and within your heart, meditate on the Lord, and He will be pleased. In this way, repeat the Name of the Lord. 1 |
| min j pIAI hir j gdl s] | man japee-ai har jagdees. | O mind, meditate on the Lord, the Lord of the World. |
| imil sṭṭṭiq swDUmlq] | mil sangat saaDhoo meet. | Join the Saadh Sangat, the Company of the Holy, O friend. |
| sdw AnpduhwYidnu r wql hir klriq kir bnvwr l] rhwau] | sadaa anand hovai din raṭṭee har keerat kar banvaaree. rahaa-o. | You shall be happy forever, day and night; sing the Praises of the Lord, the Lord of the world-forest. Pause |
| hir hir krl idṭsit qb BieE min admu hir hir nwmu j ipE giq Bel hmwrl] | har har karee darisat tab bha-i-o man udam har har naam japi-o gat bha-ee hamaaree. | When the Lord, Har, Har, casts His Glance of Grace, then I made the effort in my mind; meditating on the Name of the Lord, Har, Har, I have been emancipated. |
| j n nwnk kl piq r wKumyry suAwml hir Awie pirE hYsrix qmwrl]2]3]9] | jan naanak kee pat raakh mayray su-aamee har aa-ay pari-o hai saran tumaaree. 2 3 9 | Preserve the honor of servant Nanak, O my Lord and Master; I have come seeking Your Sanctuary. 2 3 9 |