

har jan sagal uDhaaray sang kay

ਸ੍ਰਿਗ ਮਹਿ ॥ 5 ॥ (1208-13)	saarag mehlāa 5.	Saarang, Fifth Mehl:
ਹਿਰ ਜ ਨ ਸਗਿ ਅਠ੍ਰਿਸ੍ਰਿਯ ਕ੍ਰਿਯ	har jan sagal uDhaaray sang kay.	The Lord's humble servant saves those who accompany him.
ਬੈਧਿਨਿਕੁ ਪਿਠਿਕੁ ਮਨ ਜ ਨਮ ਜ ਨਮ ਕ੍ਰਿਯ ਦਿਕੁ ਹ੍ਰਿਯ]1] ਰਿਹਾਉ]	bha-ay puneet pavitar man janam janam kay dukh haray. 1 rahaa-o.	Their minds are sanctified and rendered pure, and they are rid of the pains of countless incarnations. 1 Pause
ਮਹਿਰਿਗਿ ਚਿਯਿਕੁ ਸਿਕੁ ਪੈਐ ਅਠ੍ਰਿਯ ਨਿਯ ਇਸਾਗਿ ਸਿਯਿਕੁ]	maarag chalay tin ^H ee sukh paa-i- aa jin ^H si-o gosat say taray.	Those who walk on the path find peace; they are saved, along with those who speak with them.
ਬਿਠਿਕੁ ਗੁਰਿ ਅਠ੍ਰਿਯ ਕ੍ਰਿਯ ਮਿਠਿਕੁ ਸਿਯਿਕੁ ਸਿਠਿਕੁ ਪ੍ਰਿਯਿਕੁ]1]	boodat ghor anDh koop meh tay saaDhoo sang paar paray. 1	Even those who are drowning in the horrible, deep dark pit are carried across in the Saadh Sangat, the Company of the Holy. 1
ਇਠਿਕੁ ਕ੍ਰਿਯਿਕੁ ਬਿਠਿਕੁ ਚਿਯਿਕੁ ਸਿਠਿਕੁ ਸਿਠਿਕੁ ਮੁਕੁ ਜੁਯਿਕੁ]	jin ^H kay bhaag baday hai bhaa-ee tin ^H saaDhoo sang mukh juray.	Those who have such high destiny turn their faces toward the Saadh Sangat.
ਇਠਿਕੁ ਕ੍ਰਿਯਿਕੁ ਚਿਯਿਕੁ ਸਿਠਿਕੁ ਪ੍ਰਿਯਿਕੁ ਮ੍ਰਿਯਿਕੁ ਕਿਰਪਾ ਕ੍ਰਿਯਿਕੁ]2]3]22]	tin ^H kee Dhoor baa ^N chhai nit naanak parabh mayraa kirpaa karay. 2 3 22	Nanak longs for the dust of their feet; O God, please shower Your Mercy on me! 2 3 22