

har kay charan jap jaa^N-o kurbaan

ibI wvI umhI w 5] (827-6)	bilaaval mehlaa 5.	Bilaaval, Fifth Mehl:
hir kycrn j ip j Wau kirbwnu]	har kay charan jap jaa ^N -o kurbaan.	I meditate on the Lord's Feet; I am a sacrifice to Them.
gurumyrw pwrblhm prmsuruqw kw ihrdYDir mn iDAwnu]1] rhwau]	gur mayraa paarbarahm parmaysur taa kaa hirdai Dhar man Dhi-aan. 1 rahaa-o.	My Guru is the Supreme Lord God, the Transcendent Lord; I enshrine Him within my heart, and meditate on Him within my mind. 1 Pause
ismir ismir ismir sKdwq j w kw kIAw sgl j hwnu]	simar simar simar sukh-daata jaa kaa kee-aa sagal jahaan.	Meditate, meditate, meditate in remembrance on the Giver of peace, who created the whole Universe.
rsnw rvhu ekunwrwixuswcl drgh pvvhu mwnu]1]	rasnaa ravhu ayk naaraa-in saachee dargeh paavhu maan. 1	With your tongue, savor the One Lord, and you shall be honored in the Court of the True Lord. 1
sWDUsWpripq j w kauqn hl pwieAw ehwinDwnu]	saaDhoo sang paraapat jaa ka-o tin hee paa-i-aa ayhu niDhaan.	He alone obtains this treasure, who joins the Saadh Sangat, the Company of the Holy.
gwaugx klrqning swAmI kir ikrpw nwnk dlj Ydwnu]2]29]115]	gaava-o gun keertan nit su-aamee kar kirpaa naanak deejai daan. 2 29 115	O Lord and Master, mercifully bless Nanak with this gift, that he may ever sing the Glorious Praises of Your Kirtan. 2 29 115