## har har japahu pi-aari-aa gurmat lay har bol

isrlrwgumhl w 1 ] (22-3)	sireeraag mehlaa 1.	Siree Raag, First Mehl:
hir hir j phuipAwirAw gurmiq I y hir bil ]	har har japahu pi-aari-aa gurmat lay har bol.	Meditate on the Lord, Har, Har, O my beloved; follow the Guru's Teachings, and speak of the Lord.
mnuscksvtllwelAYqullAYpUrY qil]	man sach kasvatee laa-ee-ai <u>t</u> ulee-ai poorai <u>t</u> ol.	Apply the Touchstone of Truth to your mind, and see if it comes up to its full weight.
klmiq iknYn pwelAYird mwxk mil Amil ]1]	keema <u>t</u> kinai na paa-ee-ai ri <u>d</u> maa <u>n</u> ak mol amol.   1	No one has found the worth of the ruby of the heart; its value cannot be estimated.   1
Bwel ryhir hlrw gwr mwih ]	bhaa-ee ray har heeraa gur maahi.	O Siblings of Destiny, the Diamond of the Lord is within the Guru.
sqskgiq sqgrupwelAYAihinis sbid sl wih ]1] rhwau]	sa <u>t</u> sanga <u>t</u> sa <u>t</u> gur paa-ee-ai ahinis saba <u>d</u> salaahi.   1   rahaa-o.	The True Guru is found in the Sat Sangat, the True Congregation.  Day and night, praise the Word of His Shabad.   1  Pause
scuvKruDnurwis I YpwelAYgr prgwis ]	sach va <u>kh</u> ar <u>Dh</u> an raas lai paa-ee-ai gur pargaas.	The True Merchandise, Wealth and Capital are obtained through the Radiant Light of the Guru.
ijauAgin mrYjil pwieAYiqau iqKsnw dwsin dwis]	ji-o agan marai jal paa-i-ai <u>t</u> i-o <u>t</u> arisnaa <u>d</u> aasan <u>d</u> aas.	Just as fire is extinguished by pouring on water, desire becomes the slave of the Lord's slaves.
j m j Murun I gel ieauBaj IuqrY qrwis ]2]	jam jan <u>d</u> aar na lag-ee i-o <u>bh</u> a-ojal <u>t</u> arai <u>t</u> araas.   2	The Messenger of Death will not touch you; in this way, you shall cross over the terrifying world-ocean, carrying others across with you.   2
grmiK kWun Bwvel sic rqysc Bwie ]	gurmu <u>kh</u> koo <u>rh</u> na <u>bh</u> aav-ee sach ra <u>t</u> ay sach <u>bh</u> aa-ay.	The Gurmukhs do not like falsehood. They are imbued with Truth; they love only Truth.
swkq scun Buvel kW/kWl pWe ]	saaka <u>t</u> sach na <u>bh</u> aav-ee koorhai koo <u>rh</u> ee paa <sup>N</sup> -ay.	The shaaktas, the faithless cynics, do not like the Truth; false are the foundations of the false.
sic rqygur mjl AYscysic smwie ]3]	sach ratay gur mayli-ai sachay sach samaa-ay.   3	Imbued with Truth, you shall meet the Guru. The true ones are absorbed into the True Lord.   3
mn mih mwxkul wl unwmurqnupdwrQu hlru]	man meh maa <u>n</u> ak laal naam ra <u>t</u> an pa <u>d</u> aarath heer.	Within the mind are emeralds and rubies, the Jewel of the Naam, treasures and diamonds.
scuvKruDnunwmuhYGit Git gihr gBlru]	sach va <u>kh</u> ar <u>Dh</u> an naam hai <u>gh</u> at <u>gh</u> at gahir gam <u>bh</u> eer.	The Naam is the True Merchandise and Wealth; in each and every heart, His Presence is deep and profound.
nwnk gwrmiK pwelAYdieAw kryhir hlru]4]21]	naanak gurmu <u>kh</u> paa-ee-ai <u>d</u> a-i-aa karay har heer.   4  21	O Nanak, the Gurmukh finds the Diamond of the Lord, by His Kindness and Compassion.   4  21