

mayray man bhaj raam naamai raamaa

ibI wvI umhI w 4] (799-6)	bilaaval mehlaa 4.	Bilaaval, Fourth Mehl:
hm mlrk mgD AigAin mql srxwgiq prk Aj nmw]	ham moorakh mugaDh agi-aan matee sarnaagat purakh ajnamaa.	I am foolish, idiotic and ignorant; I seek Your Sanctuary, O Primal Being, O Lord beyond birth.
kir ikrpw riK I yhu myr Twkir hm pwQr hln Akrmw]1]	kar kirpaa rakh layvhu mayray thaakur ham paathar heen akarmaa. 1	Have Mercy upon me, and save me, O my Lord and Master; I am a lowly stone, with no good karma at all. 1
myr mn Bj u rwm nwmY rwmw]	mayray man <u>bh</u> aj raam naamai raamaa.	O my mind, vibrate and meditate on the Lord, the Name of the Lord.
gurmig hir rsu pweIA hir iqAwghuinhPI kwmw]1] rhwau]	gurmat har ras paa-ee-ai hor ti- aagahu nihfal kaamaa. 1 rahaa- o.	Under Guru's Instructions, obtain the sublime, subtle essence of the Lord; renounce other fruitless actions. 1 Pause
hir j n syk syhir qwryhm inrgin ruKu apmw]	har jan sayvak say har taaray ham nirgun raakh upmaa.	The humble servants of the Lord are saved by the Lord; I am worthless - it is Your glory to save me.
qW ibnuAvru n kiel myr Twkir hir j pIA vfykrnthw]2]	tujh bin avar na ko-ee mayray thaakur har japee-ai vaday karmaa. 2	I have no other than You, O my Lord and Master; I meditate on the Lord, by my good karma. 2
nwmhln iDguj lvqyiqn vf dK shlhw]	naamheen Dharig jeevtay tin vad dookh sahammaa.	Those who lack the Naam, the Name of the Lord, their lives are cursed, and they must endure terrible pain.
Eie iPir iPir j on BwvIAih mNBwgl mW Akrmw]3]	o-ay fir fir jon bhavaa-ee-ah mand- bhaagee moorh akarmaa. 3	They are consigned to reincarnation over and over again; they are the most unfortunate fools, with no good karma at all. 3
hir j n nwm ADwru hYDir plrib il Kyvf krmw]	har jan naam aDhaar hai Dhur poorab likhay vad karmaa.	The Naam is the Support of the Lord's humble servants; their good karma is pre-ordained.
gür siqgür nwm idMwieAw j n nwnk sPI uj nrmw]4]2]	gur satgur naam drirh-aa-i-aa jan naanak safal jannamaa. 4 2	The Guru, the True Guru, has implanted the Naam within servant Nanak, and his life is fruitful. 4 2